The University of Southern Queensland

Course specification

This version produced 31 Jan 2008.
The current and official versions of the course specifications are available on the web at <http://www.usq.edu.au/coursespecification/current>.
Please consult the web for updates that may occur during the year.

Description: Clinical C: Nursing Care for Mental Health

Subject	Cat-nbr	Class	Term	Mode	Units	Campus
NUR	2599	67273	2, 2007	ONC	1.00	Toowoomba

Academic group: FOSCI
Academic org: FOS004
Student contribution band: National Priority Nursing
ASCED code: 060305

STAFFING

Examiner: Rhonda Dawson
Moderator: Julie Harris

REQUISITES

Pre-requisite: NUR2199 and NUR2200

OTHER REQUISITES

Recommended Prior Study: NSC2000 or NSC2180

RATIONALE

Diverse clinical experience is a necessary educational component for student nurses so that they are adequately prepared for contemporary practice. Present-day nursing practice is situated within a variety of health-care settings and it is therefore important to familiarize students with a breadth of clinical experiences, which reflect such diversity. This course will give students the opportunity to plan, practice and evaluate care for individuals, families and communities whilst under the supervision of Health Care Professionals. This clinical course allows for a scaffolding of experiential skills and application of knowledge. The ANMC Competencies are a national regulatory framework to assist nurses to deliver safe and competent care. This course addresses the ANMC Competencies in practice and uses the ANMC Competency framework to assess practical skills. This clinical course facilitates the transfer of skills and knowledge gained in other courses into hands-on delivery of care in the diverse settings of Mental Health Care. Students will be expected to integrate pre and co-requisite theory, such as NUR 2200: Mental Health Nursing; NUR 2199: Clinical Practice AA: Situated Practice and NSC 2000 - Pharmacology to augment clinical knowledge and experience.

SYNOPSIS

It is expected that students will complete 160 hours of clinical practice and 8 hours of briefing/debriefing in a setting pertaining to the care of Mental Health clients. Student placements may include any setting where Mental Health clients are provided care eg, rural and remote hospitals, tertiary hospitals, community health care centres, correctional facilities, aged care

facilities, drug rehabilitation centres. This course further develops the student nurse in relation to professional interactions with the health care team and patients in mental health settings. The aim is to further develop skills introduced in the first year of the program and to allow "real world" practice of those skills covered in the Situated Learning course NUR 2199. Strategies that the nurse can use to give holistic, culturally appropriate and effective care are developed and applied, guided by the Standards of Practice for Mental Health Nursing in Australia (ANZCMHN 1995) as a framework for decision making. Strategies that the nurse can use to give holistic, culturally appropriate and effective care are further explored in clinical practice situations. Reflective practice is anticipated, using an Inquiry-based framework. This course allows the student to develop critical thinking and analysis in relation to evidence-based practice. It aims to allow practice in the conduct of comprehensive and systematic nursing assessment, as well as care planning and implementation at an introductory level. It allows the student to practice the establishment, maintenance and conclusion of therapeutic relationships.

OBJECTIVES

On completion of this course students will be able to:

1. conduct clinical practice, which can be ethically justified and is within scope of practice and in accordance with legislation and common law (ANMC Competency 1 and 2) (Completion of Clinical Placement, Evaluation Report and Reflective Practice + 100% attendance);
2. critically reflect on practice and identify opportunities for further personal and/or professional development (ANMC Competency 4) (Completion of Clinical Placement, Evaluation Report and Reflective Practice + 100% attendance);
3. demonstrate a commitment to "best practice" through referring to valid, reliable evidence and practicing in accordance with this, in response to the clients needs (ANMC Competency 3) (Completion of Clinical Placement, Evaluation Report and Reflective Practice + 100% attendance, Case-based study/ Clinical Pathway, Nursing Care for Mental Health Clinical Workbook);
4. demonstrate a sound knowledge of the pathophysiology, pharmacology and nursing care related to theoretical material covered at the time of this course, as evidenced by providing treatment rationales based on clinical reasoning (ANMC Competency 3, 5, 6, 7) (Completion of Clinical Placement, Evaluation Report and Reflective Practice + 100% attendance, Case-based study/ Clinical Pathway, Nursing Care for Mental Health Clinical Workbook);
5. identify and discuss the action, dosage, adverse effects and patient teaching related to therapeutic drug regimes (ANMC Competency 3, 5, 6, 7) (Completion of Clinical Placement, Evaluation Report and Reflective Practice + 100% attendance, Case-based study/ Clinical Pathway, Nursing Care for Mental Health Clinical Workbook);
6. integrate and apply knowledge of pathophysiology, pharmacology and the collaborative role of nursing by proposing and demonstrating safe and effective nursing interventions for case presentations of patients with conditions managed during this course in written form (assignment), in skills during placement, and in oral form during shift handovers, tutorials and debriefs etc (ANMC Competency 3, 5, 6, 7, 8, 9, 10) (Completion of Clinical Placement, Evaluation Report and Reflective Practice + 100% attendance, Case-based study/ Clinical Pathway, Nursing Care for Mental Health Clinical Workbook);
7. demonstrate the ability to critically analyse events and intervene appropriately to plan, implement and evaluate safe and appropriate nursing care for clients experiencing compromised health by using systematic data collection and effective clinical reasoning strategies, incorporating evidenced-based practice (ANMC Competency 3, 5, 6, 7, 8, 9

and 10) (Completion of Clinical Placement, Evaluation Report and Reflective Practice + 100% attendance, Case-based study/ Clinical Pathway);

8. demonstrate effective professional written and oral communication through shift handovers, case study, written documentation, referrals, telephone and face-to-face communication with clients, families and other health professionals (ANMC Competency 8, 9, 10) (Completion of Clinical Placement, Evaluation Report and Reflective Practice + 100% attendance, Nursing Care for Mental Health Clinical Workbook);
9. undertake an accurate and comprehensive holistic assessment of clients encountered at the time of this clinical course (ANMC Competency 5, 6) (Case-based study/ Clinical Pathway, Nursing Care for Mental Health Clinical Workbook);
10. perform and evaluate clinical procedures with appropriate supervision, which have been introduced in the pre-requisite courses (ANMC Competency 9) (Completion of Clinical Placement, Evaluation Report and Reflective Practice + 100% attendance).

TOPICS

	Description	Weighting (%)
1.	160 hours of clinical placement + Reflective practice(8 hours) utilising "Clinical Performance Evaluation Tool" in conjunction with "Professional Reflection Tool"	70.00
2.	Clinical Case Study/Pathway Development	15.00
3.	Nursing care for Mental Health Clinical Workbook	15.00

TEXT and MATERIALS required to be PURCHASED or ACCESSED

ALL textbooks and materials are available for purchase from USQ BOOKSHOP (unless otherwise stated). Orders may be placed via secure internet, free fax 1800642453, phone 07 46312742 (within Australia), or mail. Overseas students should fax +61 7 46311743, or phone +61 7 46312742. For costs, further details, and internet ordering, use the 'Textbook Search' facility at http://bookshop.usq.edu.au click 'Semester', then enter your 'Course Code' (no spaces).

2007, *Instructional Guide 2007, Course NUR 2599 Clinical C, including Clinical Evaluation Tool and Clinical Workbook*, USQ Publication, Toowoomba.

Tiziani, A. 2006, *Harvard's Nursing Guide to Drugs*, 7th edn, Harcourt, Sydney.

REFERENCE MATERIALS

Reference materials are materials that, if accessed by students, may improve their knowledge and understanding of the material in the course and enrich their learning experience.

' ' (Available: http:www.legislation.qnc.qld.gov.au/upload/pdfs/Nursing Act 1992.pdf).

' ' (Available: http:www.qnc.qld.au/upload/pdfs/practice standards/Code of professional conduct).

2001, *No-Lift-Risk Management System, Staff and Student Handbook*, 4th edn, National Safety Council of Australia Ltd, Fortitude Valley.

ANMC. National Competency Standards for the Registered Nurse ' ' (Available: http:www.qnc.qld.gov.au/upload/pdfs/practice standards/ANMC National).

Australian and New Zealand College of Mental Health Nurses Inc 1995, *Standards of Practice for Mental Health Nurses*,

STUDENT WORKLOAD REQUIREMENTS

ACTIVITY	HOURS
Case Study or Pathway Development	16.00
Clinical Debriefing or Reflection Sessions	8.00
Clinical Workbook	16.00
Clinical Experience	160.00
Private Study	8.00

ASSESSMENT DETAILS

Description	Marks out of	Wtg(%)	Due date
COMPLETION OF CLIN PLACE, EVAL	1.00	70.00	24 Jul 2007 (see note 1)
CASE-BASED STUDY/CLIN PATHWAY	15.00	15.00	24 Jul 2007 (see note 2)
NURSING CARE-CLINICAL WORKBOOK	1.00	15.00	24 Jul 2007 (see note 3)

NOTES

1. End of Semester
2. At completion of Clinical Placement - End of Semester
3. At completion of Clinical Placement - End of Semester

IMPORTANT ASSESSMENT INFORMATION

1 Attendance requirements:
It is the students' responsibility to attend 100% of the clinical placement period (160 hours) and participate appropriately in all activities (such as tutorials, inservice sessions and practical work) scheduled for them, and to study all material provided to them or required to be accessed by them to maximise their chance of meeting the objectives of the course and to be informed of course-related activities and administration.

2 Requirements for students to complete each assessment item satisfactorily:
To complete the clinical placement requirement, students must submit the reflective component to a satisfactory level, complete 100% attendance and achieve each of the competencies to a satisfactory (S) level, thus achieving the score of one (1) allocated for Clinical Practice. To satisfactorily complete the clinical pathway students must obtain 50% of the marks allocated for this. To achieve the mark of (1) for the Nursing Care for Mental Health Clinical Workbook, students must demonstrate satisfactory achievement of all components of this manual.

3 Penalties for late submission of required work:

If students submit required assignments late without the approval of the examiner they can expect to be given a Fail grade for the course

4 Requirements for student to be awarded a passing grade in the course:
To be assured of a passing grade, students must submit all pieces of assessment achieve the one (1) allocated for items 1 and 3 and achieve 50% of the marks allocated for item 2.

5 Method used to combine assessment results to attain final grade:
As P is the only passing grade available for this course, all students who are qualified for a passing grade will be given a grade of P. Other students will be given either a Failing grade or an Incomplete grade.

6 Examination information:
There is no Examination in this course.

7 Examination period when Deferred/Supplementary examinations will be held:
As there are no examinations in this course, there will be no deferred or supplementary examinations.

8 University Regulations:
Students should read USQ Regulations 5.1 Definitions, 5.6. Assessment, and 5.10 Academic Misconduct for further information and to avoid actions which might contravene University Regulations. These regulations can be found at the URL http://www.usq.edu.au/corporateservices/calendar/part5.htm or in the current USQ Handbook.

ASSESSMENT NOTES

9 Students must retain a copy of each item submitted for assessment. If requested, students will be required to provide a copy of assignments submitted for assessment purposes. Such copies should be despatched to USQ within 24 hours of receipt of a request being made.

10 The due date for an assignment is the date by which a student must despatch the assignment to the USQ. The onus is on the student to provide proof of the despatch date if requested by the Examiner.

11 The examiner may grant an extension of the due date of an assignment in extenuating circumstances.

12 The Faculty will normally only accept assessments that have been written, typed or printed on paper-based media.

13 The Faculty will NOT accept submission of assignments by facsimile.

14 Students need to be conversant with and will require access to e-mail and internet access to USQConnect for this course.

15 Students can expect that questions in assessment items in this course may draw upon knowledge and skills that they can reasonably be expected to have acquired before enrolling in the course. This includes knowledge contained in pre-requisite courses and appropriate communication, information literacy, analytical, critical thinking, problem solving or numeracy skills. Students who do not possess such knowledge and skills should not expect to achieve the same grades as those students who do possess them.

OTHER REQUIREMENTS

1 Students of clinical courses need to be certain they have submitted the following documents to the Faculty Office to ensure they will be allowed to proceed to a clinical placement -

Current CPR Certification, Completion of the Queensland Health Orientation, submission of the Hepatitis B titre declaration and titre results, suitability for Working with Children (Blue Card).