



The University of Southern Queensland

Course specification

The current and official versions of the course specifications are available on the web at <http://www.usq.edu.au/coursespecification/current>.
Please consult the web for updates that may occur during the year.

Description: Indigenous Health and Cross Cultural Care

Subject	Cat-nbr	Class	Term	Mode	Units	Campus
NUR	3030	84256	3, 2008	ONC	1.00	Toowoomba

Academic group:	FOSCI
Academic org:	FOS004
Student contribution band:	National Priority Nursing
ASCED code:	060305

STAFFING

Examiner: Lynne Stuart

REQUISITES

Pre-requisite: Students must be enrolled in Program: BNUR

RATIONALE

Australia holds a unique position in that we have two distinct Indigenous groups. Australia also has been identified as a multi-cultural society. The health of Indigenous Australians has been documented to be at a significantly lower level compared to their non-Indigenous counterparts. There is also supporting literature to demonstrate deficits in the health needs of people residing in Australia from (Non-Anglo-Celtic backgrounds) This course identifies the unique needs of both of these communities and advocates Primary Health Care as the appropriate framework for addressing these communities' needs.

SYNOPSIS

The purpose of this course is to enable students to recognise inequalities in the health status of individuals, families, or groups and to learn about effective strategies for improvements in their health. Particular interest will be given to a) the inequities that remain in Indigenous health status as compared to their non-Indigenous counterparts and b) the skills and knowledge nurses need to work with people from cultures other than their own. In undertaking this course the student will utilise the principles of Primary Health Care to propose strategies in collaboration with these individuals, groups or communities to enable them to have equal access to affordable, equitable and appropriate health service provision to meet their needs. This course explores the effectiveness of cross cultural communication in multi-disciplinary and intersectoral nursing practice which is 'people centred' rather than 'disease centred'.

OBJECTIVES

On completion of this course students will be able to:

1. describe the original lifestyle of the first Australians (Indigenous people) and be able to identify the health status of this population over time. (exam);
2. critically analyse historical events and policies that have influenced the health status of Australia's Indigenous population. (exam);
3. identify the principles of primary health care and then apply these principles to propose strategies to create and maintain healthy environments within Aboriginal community controlled health services. (exam);
4. integrate the principles, philosophy and strategies of primary health care that students acquire in the workshops and integrate this knowledge into practice when working with clients from Indigenous and non-Anglo-Celtic Backgrounds in the health care setting. (exam & Group cross Cultural communication presentation);
5. examine the concept of culture and discuss how values and belief constructs of a particular group of people guide their thinking, decision making processes and actions in the health and illness paradigm. (exam & Group Cross Cultural Communication Presentation)
6. discuss the values, prejudices, cultural beliefs, and behaviours of nurses that can affect appropriate delivery of nursing and health care. Students will identify their own potential prejudices, cultural beliefs and behaviours which could affect their nursing practice when caring for a patient/client from a culture other than their own. (exam & Group Cross Cultural communication presentation)

TOPICS

Description	Weighting (%)
1. Original Culture and Lifestyle of the first Australians. Past and Present	25.00
2. Australian Indigenous history from an Indigenous perspective	25.00
3. Australian Indigenous Health and cross cultural care. Including the implementation of primary health care practice in community controlled Indigenous health services.	25.00
4. Cultural values beliefs and norms; Cultural Safety and the delivery of culturally competent health care.	25.00

TEXT and MATERIALS required to be PURCHASED or ACCESSED

ALL textbooks and materials are available for purchase from USQ BOOKSHOP (unless otherwise stated). Orders may be placed via secure internet, free fax 1800642453, phone 07 46312742 (within Australia), or mail. Overseas students should fax +61 7 46311743, or phone +61 7 46312742. For costs, further details, and internet ordering, use the 'Textbook Search' facility at <http://bookshop.usq.edu.au> click 'Semester', then enter your 'Course Code' (no spaces).

Eckermann, A et al 2006, *Binan goonj: bridging cultures in Aboriginal health*, Churchill Livingstone, Sydney.

Instructional guide 2008, *Course NUR 3030 - Indigenous Health and Cross Cultural Care*, USQ Publication, Toowoomba.

(Can be accessed on study desk)

REFERENCE MATERIALS

Reference materials are materials that, if accessed by students, may improve their knowledge and understanding of the material in the course and enrich their learning experience.

Elder, B 2003, *Blood on the Wattle: Massacres and maltreatment of Aboriginal Australians since 1788*, New Holland Publishers (Australia), Sydney.

Neill, R 2002, *White out: how politics is killing black Australia*, McPherson's Printing Group, Victoria.

Trudgen, R 2003, *Why warriors lie down and die*, Aboriginal Resource and Development Services Inc, Adelaide.

STUDENT WORKLOAD REQUIREMENTS

ACTIVITY	HOURS
Private Study	120.00
Workshops	16.00

ASSESSMENT DETAILS

Description	Marks out of	Wtg (%)	Due date
PARTICIPATE IN CROSS-CULTURAL	40.00	40.00	18 Nov 2008 (see note 1)
2HR OPEN EXAM	60.00	60.00	END S3 (see note 2)

NOTES

1. Training workshop interview.
2. Exam dates will be available during the semester once the examination timetable is released.

IMPORTANT ASSESSMENT INFORMATION

- 1 Attendance requirements:
It is the students' responsibility to attend and participate appropriately in all activities (Workshops and group presentations/discussion groups). They must also study all material provided to them, or required to be accessed by them, to maximise their chance of meeting the objectives of the course and to be informed of course-related activities and administration.
- 2 Requirements for students to complete each assessment item satisfactorily:
To complete each of the assessment items satisfactorily, students must obtain at least 50% of the marks available for each assessment item. (Depending upon the requirements in Statement 4 below, students may not have to satisfactorily complete each assessment item to receive a passing grade in this course.)
- 3 Penalties for late submission of required work:
If students submit assignments after the due date without (prior) approval of the examiner then a penalty of 5% of the total marks gained by the student for the assignment may apply for each working day late up to ten working days at which time a mark of zero may be

- recorded. No assignments will be accepted after model answers have been posted. Extensions for assignments will only be considered under extenuating circumstances.
- 4 Requirements for student to be awarded a passing grade in the course:
To be assured of receiving a passing grade a student must submit all of the assessment items and achieve at least 50% of the total weighted marks available for the course.
 - 5 Method used to combine assessment results to attain final grade:
The final grades for students will be assigned on the basis of the aggregate of the weighted marks obtained for each of the summative assessment items in the course.
 - 6 Examination information:
This is an open book exam. An open examination is one in which candidates may have access to any printed or written material and a calculator during the examination.
 - 7 Examination period when Deferred/Supplementary examinations will be held:
Deferred exam will be held in the next examination period.
 - 8 University Regulations:
Students should read USQ Regulations 5.1 Definitions, 5.6. Assessment, and 5.10 Academic Misconduct for further information and to avoid actions which might contravene University Regulations. These regulations can be found at the URL <http://www.usq.edu.au/corporateservices/calendar/part5.htm> or in the current USQ Handbook.

OTHER REQUIREMENTS

- 1 Students can expect that questions in assessment items in this course may draw upon knowledge and skills that they can reasonably be expected to have acquired before enrolling in the course. This includes knowledge contained in pre-requisite courses and appropriate communication, information literacy, analytical, critical thinking, problem solving or numeracy skills. Students who do not possess such knowledge and skills should not expect to achieve the same grades as those students who do possess them.
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