



The University of Southern Queensland

Course specification

The current and official versions of the course specifications are available on the web at <http://www.usq.edu.au/coursespecification/current>.
Please consult the web for updates that may occur during the year.

Description: Emergency Mental Health and Reproductive Health Care

Subject	Cat-nbr	Class	Term	Mode	Units	Campus
ANP	5004	90244	2, 2009	EXT	1.00	Toowoomba

Academic group:	FOSCI
Academic org:	FOS004
Student contribution band:	National Priority Nursing
ASCED code:	060399

STAFFING

Examiner: Cheryl Ross-Walker
Moderator: Cheryl Perrin

OTHER REQUISITES

Pre-requisite: The enrolling student must be a registered nurse.

RATIONALE

This course prepares registered nurses to respond to two common yet distressing and potentially life-threatening sets of health problems in a rural and remote context. These are mental health emergencies, and reproductive health problems. Both have been identified as key areas of health concern, with rural and remote areas having higher rates of these health problems compounded in many instances by an absence of specialist services.

SYNOPSIS

This three module course focuses on the legal parameters of rural and remote practice initially, followed by the emergency management of clients with mental health problems relevant to rural and/or remote contexts. Reproductive health concerns are addressed in the third module of the course, together with appropriate nursing responses to clients and their partners (where appropriate) in the face of reproductive health problems. The course also provides the opportunity for registered nurses to demonstrate advanced competence in communication skills and collaborative practice. Students are required to complete up to eight days of clinical experience, one week in a mental health unit and three days at a sexual/reproductive health clinic as part of this course.

OBJECTIVES

On successful completion of this course students will be able to:

1. establish a climate of practice conducive to the development of collaborative relationships (Assignment; examination);
2. demonstrate competence in the emergency care of the mentally ill client ((Assignment; examination);

3. identify and respond appropriately to acute reproductive health problems, within the scope of practice of the isolated practice nurse (Assignment; examination);
4. utilise knowledge of socio-cultural contexts of rural and remote communities on the mental and sexual health of people living in these areas (Assignment; examination);
5. provide information/education on acute mental and reproductive health issues (Assignment; examination).

TOPICS

	Description	Weighting (%)
1.	Module 1 - Emergency Mental Health Care including suicide; family abuse; drug and alcohol; depression, psychosis	40.00
2.	Module 2 - Legal and Ethical Issues Relating to Rural and Remote Nursing Practice	20.00
3.	Module 3 - Emergency Sexual and Reproductive Health including women's health assessment; sexual health, contraception; rape/sexual assault	40.00

TEXT and MATERIALS required to be PURCHASED or ACCESSED

ALL textbooks and materials are available for purchase from USQ BOOKSHOP (unless otherwise stated). Orders may be placed via secure internet, free fax 1800642453, phone 07 46312742 (within Australia), or mail. Overseas students should fax +61 7 46311743, or phone +61 7 46312742. For costs, further details, and internet ordering, use the 'Textbook Search' facility at <http://bookshop.usq.edu.au> click 'Semester', then enter your 'Course Code' (no spaces).

Elder, R, Evans, K & Nizette, D 2009, *Psychiatric and mental health nursing*, 2nd edn, Elsevier, Sydney.

Family Planning Queensland 2003, 'Clinical Practice Guidelines, Brisbane' (Available: www.fpq.com.au/order_forms/orderfrm.html).

Primary Clinical Care Manual 2007, 'Queensland Health, Brisbane 3rd edition'5 (Available: <http://www.health.qld.gov.au/pccm/default.asp>).

Queensland Health 2005, 'Drug Therapy Protocol, Isolated Practice Areas and Rural Hospitals, Registered Nurses' (Available: www.health.qld.gov.au/phs/documents/ehu/29969.pdf).

Queensland Health 2000, 'Mental Health Act 2000, Brief Guide to the Act' (Available: www.health.qld.gov.au/mha2000/docs/BriefGuide.pdf).

Queensland Health, Public Health Services, Communicable Diseases Unit 2004, , *Queensland Competency Standards for the Advanced Sexual & Reproductive Health Nursing Officer*, www.health.qld.gov.au/sexhealth/documents/23466.pdf.

Queensland Health Environmental Health Unit 2000, 'The Health (Drugs and Poisons) Regulations 1996, What Nurses need to Know' (Available: www.health.qld.gov.au/phs/documents/ehu/9101.pdf).

Queensland Nursing Council 2002, 'Guidelines on Standards of Practice for Registered Nurses with Drug Therapy Protocol Endorsement, QNC, Brisbane' (Available: www.qnc.qld.gov.au/upload/pdfs/practice_standards/Guidelines_on_standards_of_practice_for_RNs_with_drug_therapy_protocol_endorsement.pdf).

Queensland Nursing Council 2005, , *Scope of Nursing Practice Decision Making Framework*, www.qnc.qld.gov.au/docs/Framework.pdf.

REFERENCE MATERIALS

Reference materials are materials that, if accessed by students, may improve their knowledge and understanding of the material in the course and enrich their learning experience.

Barker, PJ 2004, *Assessment in Psychiatric and Mental Health Nursing: in search of the whole person*, 2nd edn, Nelson Thornes Ltd, Cheltenham.

Mohr, WK 2009, *2009 Psychiatric-Mental Health Nursing: evidence based concepts, skills and practices*, 7th edn, Wolters Kluwer/Lippincott Williams & Wilkins, Sydney.

Usher, K, Foster, K & Bullock, S 2009, *Psychopharmacology for health professionals*, Elsevier, Australia.

STUDENT WORKLOAD REQUIREMENTS

ACTIVITY	HOURS
Clinical Experience	52.00
Directed Study	30.00
Private Study	60.00

ASSESSMENT DETAILS

Description	Marks out of	Wtg (%)	Due date
ASSIGNMENT SHORT ANSWER	100.00	49.00	01 Oct 2009
ONLINE OPEN EXAMINATION	30.00	49.00	05 Nov 2009 (see note 1)
COMPETENCY & SKILLS ASSESS MH	1.00	1.00	05 Nov 2009
COMPETENCY & SKILLS ASSESS RH	1.00	1.00	05 Nov 2009

NOTES

1. The Online Open Examination will be held on 5 November 2009

IMPORTANT ASSESSMENT INFORMATION

- 1 Attendance requirements:

There are no on campus attendance requirements for this course. However, it is the students' responsibility to study all material provided to them or required to be accessed by them to maximise their chance of meeting the objectives of the course and to be informed of course-related activities and administration. Students are required to complete up to seven days of supervised clinical practice dependent on context of current clinical experience. Students who are currently employed in a rural or remote facility can organise to be assessed for their emergency mental health care competency by a Community Mental Health Nurse, a member of a Rural Mental Health Care Team or a psychologist or a social

- worker. Students who are not currently in a rural or remote nursing setting will be required to spend one week in a rural or remote facility to gain their emergency mental health competency assessment. The emergency reproductive health care clinical can be undertaken at either a Family Planning Queensland Clinic, or a Sexual Health Clinic. During these clinical placements, students will have to demonstrate mastery of the competencies detailed in the Clinical Evaluation Forms developed by USQ for this specific purpose. For the mental health component mastery can be assessed by a suitably qualified mental health nurse facilitator, a psychologist or a social worker. For the reproductive health component mastery can be assessed by suitably qualified sexual health nurse or a medical officer.
- 2 Requirements for students to complete each assessment item satisfactorily:
To complete an assessment item satisfactorily, students must obtain at least 50% for that item. To complete the clinical experience satisfactorily, students must demonstrate that they have completed the required hours and achieved the stipulated competency standards. Failure to demonstrate mastery will result in a Fail grade for this course.
 - 3 Penalties for late submission of required work:
If students submit assignments after the due date without (prior) approval of the examiner then a penalty of 5% of the total marks gained by the student for the assignment may apply for each working day late up to ten working days at which time a mark of zero may be recorded. No assignments will be accepted after model answers have been posted.
 - 4 Requirements for student to be awarded a passing grade in the course:
To be assured of a pass in this course students must attempt and achieve an aggregate of 50% of the marks available for the summative assessments and achieve satisfactory clinical assessments for each clinical component.
 - 5 Method used to combine assessment results to attain final grade:
The final grades for students will be assigned on the basis of the weighted aggregate of the marks obtained for each of the summative assessment items in the course.
 - 6 Examination information:
In an Open Examination, candidates may have access to any material during the examination. The examination will be online access, held 6th November 2009.
 - 7 Examination period when Deferred/Supplementary examinations will be held:
Deferred examinations will be arranged by the Examiner.
 - 8 University Regulations:
Students should read USQ Regulations 5.1 Definitions, 5.6. Assessment, and 5.10 Academic Misconduct for further information and to avoid actions which might contravene University Regulations. These regulations can be found at the URL <http://www.usq.edu.au/corporateservices/calendar/part5.htm> or in the current USQ Handbook.

ASSESSMENT NOTES

- 9 The due date for an assignment is the date by which a student must despatch the assignment to the USQ. The onus is on the student to provide proof of the despatch date, if requested by the Examiner.
- 10 If requested, students will be required to provide a copy of assignments submitted for assessment purposes. Such copies should be despatched to USQ within 24 hours of receipt of a request being made.
- 11 The examiner may grant an extension of the due date of an assignment in extenuating circumstances.

- 12 The faculty will normally only accept assessments that have been written, typed or printed on paper-based material.
- 13 Students who do not have regular access to postal services or who are otherwise disadvantaged by these regulations may be given special consideration. They should contact the examiner of the course to negotiate such special arrangements.
- 14 In the event a due date for an assignment falls on a local public holiday in their area such as a Show holiday, the due date for the assignment will be the next day. Students are to note on the assignment cover sheet the date of the public holiday for the Examiner's convenience.
- 15 Students who have undertaken all of the required assessments in a course but who have failed to meet some of the specified objectives of a course within the normally prescribed time may be awarded the temporary grade: IM (Incomplete Makeup). An IM grade will only be awarded when, in the opinion of the Examiner, a student will be able to achieve the remaining objectives after a period of non directed personal study.
- 16 Students who, for medical, family/personal, or employment-related reasons, are unable to complete an assignment or to sit for an examination at the scheduled time may apply to defer an assessment in a course. Such a request must be accompanied by appropriate supporting documentation. One of the following temporary grades may be awarded IDS (Incomplete - Deferred Examination; IDM (Incomplete Deferred Make-up); IDB (Incomplete - Both Deferred Examination and Deferred Make-up).