



The University of Southern Queensland

Course specification

The current and official versions of the course specifications are available on the web at <http://www.usq.edu.au/coursespecification/current>.
Please consult the web for updates that may occur during the year.

Description: Advanced Mental Health Nursing 1

Subject	Cat-nbr	Class	Term	Mode	Units	Campus
MHN	5120	86238	1, 2009	EXT	1.00	Toowoomba

Academic group:	FOSCI
Academic org:	FOS004
Student contribution band:	National Priority Nursing
ASCED code:	060305

STAFFING

Examiner: Don Gorman
Moderator: Coralie Graham

REQUISITES

Pre-requisite: Students must be enrolled in the following Program: MMHN.

RATIONALE

Mental health nurses need to understand the theoretical basis for their practice and be able to relate this understanding to clients from a range of cultural and linguistic backgrounds. As well, mental health nurses need to be able to communicate with their colleagues in the multi/inter disciplinary teams. Diagnostic Statistical Manual (DSM) is the model of classification taught in this course as it is widely used in mental health services.

SYNOPSIS

This course has two modules. The first will introduce students to complementary theoretical perspectives used in mental health nursing including Peplau's theory of interpersonal relationships, the behaviourist perspective, the cognitive approach, the psychoanalytic perspective, and the humanist perspective. Students will be encouraged to apply these theories directly to practice. The second module of this course will relate these theories to mental health nurses' understanding of mental illnesses. This course has a requirement for a clinical placement in a mental health area where students will have the opportunity to enhance their learning with clinical practice working with people with mental illnesses.

OBJECTIVES

On successful completion of this course students will be able to:

1. use the ANZCMHN Standards of Practice for Mental Health Nursing in Australia as a framework for their clinical practice (Essay - Theoretical Perspectives in MHN, Essay - Case Study of a Client, Clinical);

2. use Peplau's theory of interpersonal relationships as the basis for establishing partnerships with clients as the working basis for a therapeutic relationship (Essay - Theoretical Perspectives in MHN, Essay - Case Study of a Client, Clinical);
3. use a range of theoretical frameworks including the behaviourist perspective, cognitive approaches, psychoanalytic and the humanist (Essay - Theoretical Perspectives in MHN, Essay - Case Study of a Client, Clinical);
4. use the DSM model of classification of mental illness in clinical practice (Essay - Theoretical Perspectives in MHN, Essay - Case Study of a Client, Clinical);
5. assess and care for a person experiencing a mental illness (Clinical);
6. promote culturally and linguistically appropriate care using specific mental health nursing strategies in the least restrictive environment with clients from across the lifespan (Essay - Theoretical Perspectives in MHN, Essay - Case Study of a Client, Clinical);
7. demonstrate satisfactory completion of 80 hours of clinical experience as partial fulfilment of QNC requirements (Clinical).

TOPICS

Description	Weighting (%)
1. Theoretical Perspectives: Peplau's theory of interpersonal relationships & the therapeutic relationship, Psychoanalytic theory, Behaviourist, Cognitive theory, Humanism, ANZCMHN Standards of Practice for Mental Health Nursing in Australia.	50.00
2. Mental Illness, Nursing's Perspective, DSMIV, DSMIV axes.	50.00

TEXT and MATERIALS required to be PURCHASED or ACCESSED

ALL textbooks and materials are available for purchase from USQ BOOKSHOP (unless otherwise stated). Orders may be placed via secure internet, free fax 1800642453, phone 07 46312742 (within Australia), or mail. Overseas students should fax +61 7 46311743, or phone +61 7 46312742. For costs, further details, and internet ordering, use the 'Textbook Search' facility at <http://bookshop.usq.edu.au> click 'Semester', then enter your 'Course Code' (no spaces).

Australian and New Zealand College of Mental Health Nurses 1995, 'Standards of practice for mental health nursing in Australia' (Available: <http://www.anzcmhn.org> Click on PUBLICATIONS and then click on Standards of Practice).

(NOTE: These Standards are in the process of review, so online access assures that the current version is used.)

Happell, B, Cowin, L, Roper, C, Foster, K & McMaster, R 2008, *Introducing mental health nursing: A consumer-oriented approach*, Allen & Unwin, Crows Nest.

Sadock, BJ & Sadock, VA 2007, *Study guide and self-examination review for Kaplan and Sadock's synopsis of psychiatry*, 8th edn, Williams & Wilkins, Baltimore.

Sadock, BJ & Sadock, VA 2007, *Kaplan and Sadock's synopsis of psychiatry: behavioral sciences/clinical psychiatry*, 10th edn, Williams & Wilkins, Baltimore.

REFERENCE MATERIALS

Reference materials are materials that, if accessed by students, may improve their knowledge and understanding of the material in the course and enrich their learning experience.

American Psychiatric Association 2000, *Diagnostic and statistical manual of mental disorders DSM-IV-TR*, 4th edn, American Psychiatric Association, Washington.

Corsini, R & Wedding, D (Eds) 2008, *Current psychotherapies*, 8th edn, Thomson Brooks/Cole, Belmont, California.

Marriner-Tomey, A 2001, *Nursing theorists and their work*, 5th edn, CV Mosby, St Louis.

Stuart, G & Laraia, M 2005, *Principles and practice of psychiatric nursing*, 8th edn, Mosby, St Louis.

STUDENT WORKLOAD REQUIREMENTS

ACTIVITY	HOURS
Clinical Experience	80.00
Directed Study	56.00
Private Study	104.00

ASSESSMENT DETAILS

Description	Marks out of	Wtg (%)	Due date
ESSAY THEORETICAL PERSP IN MHN	15.00	60.00	13 Apr 2009
ESSAY CASE STUDY OF A CLIENT	15.00	40.00	11 May 2009
CLINICAL	1.00	1.00	09 Jun 2009

IMPORTANT ASSESSMENT INFORMATION

- 1 Attendance requirements:
There are no attendance requirements for this course. However, it is the students' responsibility to study all material provided to them or required to be accessed by them to maximise their chance of meeting the objectives of the course and to be informed of course-related activities and administration.
- 2 Requirements for students to complete each assessment item satisfactorily:
To complete an assessment item, other than Clinical Experience, satisfactorily, students must obtain at least C- (on Gradebook a score of at least 4) which indicates that they have achieved the objectives assessed on the assessment item at an appropriate level as determined by the Examiner based on the Examiner's best professional judgement. To complete the Clinical satisfactorily, students must complete 80 hours of Clinical Experience as developed by the Nursing Department and obtain a satisfactory standard on the performance evaluation profile thus gaining the 1 mark for Clinical Experience.
- 3 Penalties for late submission of required work:

- If students submit assignments after the due date without prior approval then a penalty of 1 Equivalence Point gained by the student for the assignment will apply for each working day late.
- 4 Requirements for student to be awarded a passing grade in the course:
To be assured of receiving a passing grade a student must achieve at least weighted aggregated grade of C- for the course and satisfactorily complete the Clinical.
 - 5 Method used to combine assessment results to attain final grade:
The final grades for students will be assigned on the basis of the weighted aggregate of the marks obtained for each of the summative assessment items in the course.
 - 6 Examination information:
There is no examination in this course.
 - 7 Examination period when Deferred/Supplementary examinations will be held:
There will be no Deferred or Supplementary examinations in this course.
 - 8 University Regulations:
Students should read USQ Regulations 5.1 Definitions, 5.6. Assessment, and 5.10 Academic Misconduct for further information and to avoid actions which might contravene University Regulations. These regulations can be found at the URL <http://www.usq.edu.au/corporateservices/calendar/part5.htm> or in the current USQ Handbook.

ASSESSMENT NOTES

- 9 The due date for an assignment is the date by which a student must despatch the assignment to the USQ. The onus is on the student to provide proof of the despatch date, if requested by the Examiner.
- 10 Students must retain a copy of each item submitted for assessment. This must be despatched to USQ within 24 hours of receiving a request from the Examiner to do so.
- 11 The examiner may grant an extension of the due date of an assignment in extenuating circumstances.
- 12 The Faculty will normally only accept assessments that have been written, typed or printed on paper-based media.