



The University of Southern Queensland

Course specification

The current and official versions of the course specifications are available on the web at <http://www.usq.edu.au/coursespecification/current>.
Please consult the web for updates that may occur during the year.

Description: Advanced Mental Health Nursing 2

Subject	Cat-nbr	Class	Term	Mode	Units	Campus
MHN	5160	86239	1, 2009	EXT	1.00	Toowoomba

Academic group:	FOSCI
Academic org:	FOS004
Student contribution band:	National Priority Nursing
ASCED code:	060305

STAFFING

Examiner: Don Gorman
Moderator: Cheryl Ross-Walker

REQUISITES

Pre-requisite: MHN5120 and Students must be enrolled in the following Program: MMHN.

RATIONALE

As nurses work in interdisciplinary and multidisciplinary teams it is important they have a good grounding in the accepted nomenclature as well as an understanding of its limitations. Specialist mental health nurses need a thorough understanding of current approaches to mental health care including different service models, as well as emerging trends in care. These nurses also need to recognise that there is a cultural basis to the interpretation of behaviour and that conventional psychiatry may have limitations for people with non-English speaking backgrounds.

SYNOPSIS

This course builds on the learning about theoretical perspectives and the ANZCMHN Standards of Practice for Mental Health Nursing in Australia in MHN5120. The nurses' understanding of mental illness and the conventional psychological interventions, physical treatments and psychopharmacology as well as current issues, such as, mainstreaming and integration will be explored. They will be enabled to critically evaluate alternative, holistic and empowering approaches to the care of clients from across the lifespan in a range of settings including community, rehabilitation, acute inpatient and specialty areas, with an emphasis on inter-cultural care. Students will have the opportunity to apply knowledge and develop the related skills and attitudes appropriate when working with a person with a mental illness utilising the theoretical perspectives and standards of practice covered in MHN5120. This course has a requirement for a clinical placement in a mental health area.

OBJECTIVES

On successful completion of this course students will be able to:

1. contribute to the provision of mental health services identified in the government strategic directions (Assignment 1, Assignment 2, Clinical);
2. assess and care for a person experiencing a mental illness (Assignment 1, Clinical);
3. apply knowledge of the needs special groups of people with mental health problems (Assignment 1, Assignment 2, Clinical);
4. demonstrate skill in creation of culturally relevant interventions to promote and maintain mental health of diverse cultural groups, families, individuals and communities (Assignment 1, Assignment 2, Clinical);
5. apply knowledge of current issues in mental health to their practice (Clinical);
6. facilitate client centred collaboration between institutional and community services (Assignment 1, Clinical);
7. demonstrate satisfactory completion of 80 hours of clinical experience as partial fulfilment of QNC requirements (Clinical).

TOPICS

Description	Weighting (%)
1. Mental illness and nursing care including assessment and discharge planning	25.00
2. Mental Health Service: - Government policy - Service models - Non-government organisations - Consumer participation	45.00
3. Cross-cultural Mental Health Nursing - Culture - Culture and mental health/illness - Working with people from different cultural backgrounds - Working with interpreters	30.00

TEXT and MATERIALS required to be PURCHASED or ACCESSED

ALL textbooks and materials are available for purchase from USQ BOOKSHOP (unless otherwise stated). Orders may be placed via secure internet, free fax 1800642453, phone 07 46312742 (within Australia), or mail. Overseas students should fax +61 7 46311743, or phone +61 7 46312742. For costs, further details, and internet ordering, use the 'Textbook Search' facility at <http://bookshop.usq.edu.au> click 'Semester', then enter your 'Course Code' (no spaces).

Australian and New Zealand College of Mental Health Nurses 1995, 'Standards of practice for mental health nursing in Australia' (Available: <http://www.anzcmhn.org> Click on PUBLICATIONS and then click on Standards of Practice).

(NOTE: These Standards are in the process of review. Online access assures that access to the most recent edition is used.)

Happell, B, Cowin, L, Roper, C, Foster, K & McMaster, R 2008, *Introducing mental health nursing consumer-oriented approach*, Allen & Unwin, Crows Nest.

Sadock, B, Sadock, V & Levin, Z 2007, *Study guide and self-examination review in psychiatry*, 8th edn, Lippincott Williams & Wilkins, Baltimore.

Sadock, B & Sadock, V 2007, *Kaplan and Sadock's synopsis of psychiatry: behavioral sciences clinical psychiatry*, 10th edn, Lippincott Williams & Wilkins, Baltimore.

REFERENCE MATERIALS

Reference materials are materials that, if accessed by students, may improve their knowledge and understanding of the material in the course and enrich their learning experience.

Andrews, M & Boyle, J 2002, *Transcultural Concepts in Nursing Care*, 4th edn, Lippincott, Philadelphia.

Burdekin, B, Guilfoyle, M & Hall, D 1993, *Human Rights and Mental Illness: Report of the National Inquiry into the Human Rights of People with Mental Illness*, Australian Government Publishing Service, Canberra.

Commonwealth of Australia 2005, 'National Mental Health Report' (Available: <http://www.health.gov.au/internet/wcms/publishing.nsf/content/mental-pubs-n-report05>).

Eckermann, A, Dowd, T, Martin, M, Nixon, L, Gray, R & Chong, E 2006, *Binang Goonj: Bridging Cultures in Aboriginal Health*, 2nd edn, Elsevier Australia, Marrickville, NSW.

Kotowicz, Z 1997, *RD Laing and the Paths of Anti-Psychiatry*, Routledge, London.

Nusing Council of New Zealand 2005, 'Guidelines for Cultural Safety, the Treaty of Waitangi and Maori Health in Nursing Education and Practice' (Available: <http://www.nursingcouncil.org.nz/Cultural%20Safety.pdf>).

Reid, J & Trompf, P (eds) 1990, *The Health of Immigrant Australia: A Social Perspective*, Harcourt Brace Jovanovich, Marrickville, NSW.

Reid, J & Trompf, P (eds) 1991, *The Health of Aboriginal Australia*, Harcourt Brace Jovanovich, Sydney.

STUDENT WORKLOAD REQUIREMENTS

ACTIVITY	HOURS
Clinical Experience	80.00
Directed Study	56.00
Private Study	104.00

ASSESSMENT DETAILS

Description	Marks out of	Wtg (%)	Due date
3000 WORD ASSIGNMENT 1	15.00	60.00	12 May 2009
2000 WORD ASSIGNMENT 2	15.00	40.00	10 Jun 2009
CLINICAL EXPERIENCE	1.00	1.00	30 Jun 2009

IMPORTANT ASSESSMENT INFORMATION

1 Attendance requirements:

There are no attendance requirements for this course. However, it is the students' responsibility to study all material provided to them or required to be accessed by them to maximise their chance of meeting the objectives of the course and to be informed of course-related activities and administration.

- 2 Requirements for students to complete each assessment item satisfactorily:
To complete an assessment item satisfactorily, students must obtain at least C- (on Gradebook a score of at least 4) which indicates that they have achieved the objectives assessed on the assessment item at an appropriate level as determined by the Examiner based on the Examiner's best professional judgement. To complete the Clinical Experience satisfactorily, students must complete 80 hours of Clinical Experience as organized by the Nursing Department and obtain a satisfactory standard on the performance evaluation profile thus gaining the 1 mark for Clinical Experience.
- 3 Penalties for late submission of required work:
If students submit assignments after the due date without prior approval then a penalty of 1 Equivalence Point gained by the student for the assignment will apply for each working day late.
- 4 Requirements for student to be awarded a passing grade in the course:
To be assured of receiving a passing grade a student must achieve at least a weighted aggregated grade of C- for the course and satisfactorily complete the Clinical Experience.
- 5 Method used to combine assessment results to attain final grade:
The final grades for students will be assigned on the basis of the weighted aggregate of the marks obtained for each of the summative assessment items in the course.
- 6 Examination information:
There is no examination in this course.
- 7 Examination period when Deferred/Supplementary examinations will be held:
There will be no Deferred or Supplementary examinations in this course.
- 8 University Regulations:
Students should read USQ Regulations 5.1 Definitions, 5.6. Assessment, and 5.10 Academic Misconduct for further information and to avoid actions which might contravene University Regulations. These regulations can be found at the URL <http://www.usq.edu.au/corporateservices/calendar/part5.htm> or in the current USQ Handbook.

ASSESSMENT NOTES

- 9 The due date for an assignment is the date by which a student must despatch the assignment to the USQ. The onus is on the student to provide proof of the despatch date, if requested by the Examiner.
- 10 Students must retain a copy of each item submitted for assessment. This must be despatched within 24 hours of receiving a request from the Examiner to do so.
- 11 The examiner may grant an extension of the due date of an assignment in extenuating circumstances.
- 12 The Faculty will normally only accept assessments that have been written, typed or printed on paper-based media.