



The University of Southern Queensland

Course specification

The current and official versions of the course specifications are available on the web at <http://www.usq.edu.au/coursespecification/current>.
Please consult the web for updates that may occur during the year.

Description: Preparation for Midwifery Practice

Subject	Cat-nbr	Class	Term	Mode	Units	Campus
MID	8001	87310	1, 2009	EXT	1.00	Toowoomba

Academic group:	FOSCI
Academic org:	FOS004
Student contribution band:	National Priority Nursing
ASCED code:	060303

STAFFING

Examiner: Jill Scanlan
Moderator: Trudy Yuginovich

REQUISITES

Pre-requisite: Students must be enrolled in the following Program: MMID

RATIONALE

The partnership model of midwifery practice is used to conceptualise and provide research-based care for childbearing women, their foetus and babies. This course aims to assist students to establish and maintain partnerships with childbearing women. Part of this process requires students to become more self-knowing, self-nurturing and self-expressive.

SYNOPSIS

The partnership between mother and midwife forms a central focus of this course which builds upon students' previous knowledge and experience of primary health care, interpersonal counselling and adult learning skills. The ethical basis of the partnership will be introduced. The student midwife will be facilitated to become more self-knowing, self-nurturing and self-expressive as a basis for being able to maintain partnerships with childbearing women. The student will also learn how to provide midwifery care and support for well women from pre-conception through pregnancy, birth and the postnatal period.

OBJECTIVES

On successful completion of this course students will be able to:

1. recognise and practice at least two methods of self-nurturing, self-expression and stress reduction (Essay);
2. identify how the student gives and receives peer support to establish a network of personal support which will enhance the student midwife's participation in partnerships with women and maintain a healthy professional life (Essay);
3. demonstrate academic writing and referencing skills (Essay);

4. relate the meaning of 'partnership' as it applies to midwifery practice (Essay);
5. critically discuss factors that may influence the midwife's ability to initiate and maintain a relationship with a childbearing woman for whom the midwife is providing ongoing antenatal, intrapartum and postnatal care (Essay);
6. critically discuss ethical aspects for a midwifery partnership and the ethical challenges inherent within the partnership (Essay);
7. demonstrate deepened and extended previously learned client-centred counselling skills to establish and maintain partnerships with women (Essay);
8. use a primary health care perspective and adult learning principles to provide individualized pre-conceptual and antenatal health education (Family Planning and Antenatal Education class Contracts and Reports);
9. use a midwifery model to conceptualise and provide research-based care for women and fetuses/babies during pregnancy, labour and/or the postpartum period (Family Planning and Antenatal Education class Contracts and Reports);
10. utilise an understanding of human physiology associated with childbirth including physical changes to both woman and fetus/baby during the antenatal, intrapartum and the puerperium (Family Planning and Antenatal Education class Contracts and Reports);
11. promote the normalcy of childbirth as a physiological process and a significant life event for the woman (Family Planning and Antenatal Education class Contracts and Reports);
12. integrate evidence-based information to give appropriate advice to women in relation to pregnancy, labour, postnatal adaptation and infant feeding both breast and bottle (Family Planning and Antenatal Education class Contracts and Reports).

TOPICS

	Description	Weighting (%)
1.	The Midwife - methods of self-nurturing, self-expression and stress reduction; establishing and maintaining a network of personal support; peer support for self and other student midwives; formulating learning objectives and developing learning strategies	10.00
2.	Partnership - establishing a partnership with a woman; getting to know each other: building trust and rapport; negotiating mutual expectations of each other; respecting individual and cultural differences; negotiating care with each individual; ethical issues in the relationship; being 'present to' the woman; review non-directive counselling; review adult learning	15.00
3.	Midwifery model of care from pre-conception to late pregnancy - pre-conceptual and antenatal education (one to one and group based); antenatal care and advice: including nutrition; drugs and alcohol; smoking; sexual and reproductive health; domestic violence	25.00
4.	Midwifery model of care in labour - promoting normal birth; being a supportive presence for women; working with the support person; natural methods of pain management; diet, activity and position; assessments and documentation; birth: vertex presentation; physiological management of third stage; reception, assessment and immediate care of newborn; initiation of breastfeeding; fourth stage: assessment and documentation	25.00

5. psycho-social-spiritual aspects of the newborn; assessment of the newborn; care of the newborn infant; common concerns of mothers about their newborns; facilitating adult learning about parenting; mother-baby interactions (signs of attachment and rejection; incorporating the baby into existing family; lactation and breastfeeding: building the woman's confidence; techniques for breastfeeding; managing common problems; feeding behaviours of healthy infants; artificial feeding; maternal physiological changes of the puerperium; minor disorders of pregnancy and the puerperium; midwifery assessment and documentation; ongoing care of self, contraception; six weeks postnatal check of mother and baby; community agencies and support services; infant development; mother's experiences in the puerperium; maternal mental health. 25.00

TEXT and MATERIALS required to be PURCHASED or ACCESSED

ALL textbooks and materials are available for purchase from USQ BOOKSHOP (unless otherwise stated). Orders may be placed via secure internet, free fax 1800642453, phone 07 46312742 (within Australia), or mail. Overseas students should fax +61 7 46311743, or phone +61 7 46312742. For costs, further details, and internet ordering, use the 'Textbook Search' facility at <http://bookshop.usq.edu.au> click 'Semester', then enter your 'Course Code' (no spaces).

Edwards, G & Byrom, S (eds) 2007, *Essential midwifery practice*, Blackwell Publishing, Oxford.

Pairman, S & Pincombe, J & Thorogood, C & Tracy, SK (editors) 2006, *Midwifery preparation for practice*, 1st edn, Churchill Livingstone, Queensland.

REFERENCE MATERIALS

Reference materials are materials that, if accessed by students, may improve their knowledge and understanding of the material in the course and enrich their learning experience.

'Birth: Issues in Perinatal Care' (Available:).

'Midwifery' (Available:).

'Journal of Midwifery & Women's Health' (Available:).

'AWHONN Lifelines' (Available:).

'Journal of Nurse-Midwifery' (Available:).

'Midwifery Matters' (Available:).

'Midwifery Today with International Midwife' (Available:).

'British Journal of Obstetrics and Gynaecology' (Available:).

'British Journal of Midwifery' (Available:).

, , *MIDIRS: Digest Midwifery Information & Resource Services*,

, *Midwives Chronicle* ,

, , *New Zealand College of Midwives Journal*,

, , *Journal of Obstetrics and Gynaecology and Neonatal Nursing*,

'Women and Birth' (Available:).

STUDENT WORKLOAD REQUIREMENTS

ACTIVITY	HOURS
Assessments	40.00
Private Study	110.00

ASSESSMENT DETAILS

Description	Marks out of	Wtg (%)	Due date
FAMILY PLANNING CONTRACT & REP	50.00	40.00	02 Mar 2009 (see note 1)
ANTENATAL EDUCATION CONTRACT	50.00	40.00	02 Mar 2009 (see note 2)
2000 WORD ESSAY	50.00	20.00	03 Apr 2009

NOTES

1. Due dates for Family Planning and Antenatal education contracts and reports will be either 15 May 2009 or 12 June 2009 and determined by individual negotiation with examiner.
2. Due dates for Family Planning and Antenatal education contracts and reports will be either 15 May 2009 or 12 June 2009 and determined by individual negotiation with examiner.

IMPORTANT ASSESSMENT INFORMATION

- 1 Attendance requirements:
It is the students' responsibility to participate actively in all classes and discussion groups scheduled for them, and to study all material provided to them or required to be accessed by them to maximize their chance of meeting the objectives of the course and to be informed of course-related activities and administration. Students are required to negotiate placement with Family Planning QLD and an Antenatal education provider.
- 2 Requirements for students to complete each assessment item satisfactorily:
To complete each of the assessment items satisfactorily, students must obtain at least 50% of the marks available for each assessment item.
- 3 Penalties for late submission of required work:
If students submit assignments after the due date without (prior) approval of the examiner then a penalty of 5% of the total marks gained by the student for the assignment will apply for each working day late.
- 4 Requirements for student to be awarded a passing grade in the course:
To be assured of receiving a passing grade a student must achieve at least 50% of the total weighted marks available for the course.
- 5 Method used to combine assessment results to attain final grade:
The final grades for students will be assigned on the basis of the aggregate of the weighted marks obtained for each of the summative assessment items in the course.
- 6 Examination information:
There is no examination in this course.

- 7 Examination period when Deferred/Supplementary examinations will be held:
As there are no examinations in this course, there will be no deferred or supplementary examinations.
- 8 University Regulations:
Students should read USQ Regulations 5.1 Definitions, 5.6. Assessment, and 5.10 Academic Misconduct for further information and to avoid actions which might contravene University Regulations. These regulations can be found at the URL <http://www.usq.edu.au/corporateservices/calendar/part5.htm> or in the current USQ Handbook.

ASSESSMENT NOTES

- 9 The due date for an assignment is the date by which a student must despatch the assignment to the USQ. The onus is on the student to provide proof of the despatch date, if requested by the Examiner.
- 10 Students must retain a copy of each item submitted for assessment. If requested, students will be required to provide a copy of assignments submitted for assessment purposes. Such copies should be despatched to USQ within 24 hours of receipt of a request being made.
- 11 The examiner may grant an extension of the due date of an assignment in extenuating circumstances.
- 12 The Faculty will normally only accept assessments that have been written, typed or printed on paper-based media.
- 13 The Faculty will NOT accept submission of assignments by facsimile.
- 14 Students who do not have regular access to postal services or who are otherwise disadvantaged by these regulations may be given special consideration. They should contact the examiner of the course to negotiate such special arrangements.
- 15 In the event that a due date for an assignment falls on a local public holiday in their area, such as a Show holiday, the due date for the assignment will be the next day. Students are to note on the assignment cover the date of the public holiday for the Examiner's convenience.
- 16 Students who have undertaken all of the required assessments in a course but who have failed to meet some of the specified objectives of a course within the normally prescribed time may be awarded the temporary grade: IM (Incomplete - Make up). An IM grade will only be awarded when, in the opinion of the examiner, a student will be able to achieve the remaining objectives of the course after a period of non directed personal study.
- 17 Students who, for medical, family/personal, or employment-related reasons, are unable to complete an assignment or to sit for an examination at the scheduled time may apply to defer an assessment in a course. Such a request must be accompanied by appropriate supporting documentation. One of the following temporary grades may be awarded IDS (Incomplete - Deferred Examination); IDM (Incomplete Deferred Make-up); IDB (Incomplete - Both Deferred Examination and Deferred Make-up).
- 18 Students will require access to e-mail and internet access to USQConnect for this course.