Health and Wellbeing Framework

**PROMOTION AND AWARENESS**
*Raising awareness and promoting wellness*
- Community engagement
- Comprehensive and accessible health and wellbeing services
- Health and wellbeing promotion initiatives
- Peer support networks
- Reward and recognition
- Wellness champions
- Wellness expos
- Workshops and training
- Health and Wellbeing Committee

**MONITORING AND PREVENTION**
*Reducing risk and enhancing protective factors*
- Policies and procedures
- Suitable duties
- Risk management
- Fit and well
- Benchmarks
- Engagement surveys

**EARLY RESPONSE**
*Responding to early concerns*
- EAP
- ManagerAssist
- Resources
- Guidelines
- Frameworks to support wellbeing
- Flexible work arrangements
- Workshops and training
- Wellbeing Managers and Leaders Network
- Student Services Programs
- Integrated Pastoral Framework

This Framework underpins the USQ Health and Wellbeing Strategy 2016–2020