SAMPLE DINNER MENU

Monday:

Sweet and Sour Pork Chicken and Almond Fried Rice or Hokien noodles, Stirfry Vegetables, Spring Rolls and Prawn Crackers

Tuesday:

Blade and Leg Pork or Chicken and Lamb

Wednesday:

Homemade Rissoles or Lamb casserole and savoury Dumplings

Thursday:

Chicken Parmy or Homemade Beef Lasagne with Garlic Bread

Friday:

Fish & Chips lemon wedges Tar Tare with Mac Cheese, Risotto or Vegetable Frittata

