## USQ ALLY Network Newsletter





Issue #34 March 2019



Welcome to the March Ally Newsletter:). This is the month of the Sydney Gay and Lesbian Mardi Gras, and here at USQ we kicked off our first Ally Network Natter for the year! We hope you've had a good start to the semester. We're looking forward to the Ally events we have planned, and hope you can join us—look out for invitations to IDAHOBIT and a visit from the Honourable Michael Kirby.

If you have any ideas you would like to put forward to the network, such as topics or speakers for the Natters, or interesting articles, professional development or networking opportunities, please forward to us by emailing: **Ally@usq.edu.au** 



#### **LGBTIQ+ Awareness Training**

Know anyone who wants to become an Ally? Tell them about our upcoming 2019 training dates.

When? Tuesday 30th April 10am-12.30pm

Where? Online webinar

**How?** You can now register for the April session or email ally@usq.edu.au for more information.

If you are reading a hard copy of this newsletter and wish to access the links, please go to

https://www.usq.edu.au/current-students/support/lgbtiq-community where this and past editions are posted.

#### In the News



# Sydney's Mardi Gras parade celebrates the fearless and fabulous

Under the theme 'fearless', the 2019 parade featured 12,500 people on 200 floats marching, dancing and flaunting colourful costumes down the streets of central Sydney on Saturday night to celebrate all things LGBTIQ. MORE

# Trump administration policy banning US soldiers from transitioning set to begin

LGBTIQ advocates have slammed the Trump administration for a policy that will require most transgender troops and military recruits to serve in the gender they were assigned at birth and ban them from transitioning. MORE





# Aussies share red ribbon selfies on National Day of Women Living with HIV

Femtales, the national network of women living with HIV, the National Association with HIV Australia (NAPWHA) and ViiV Healthcare Australia launched the #LeaveNoOneBehind campaign to raise awareness and show support to the more than 3000 Australian women living with HIV (WLHIV). MORE

#### **Entertainment**

### JK Rowling confirms Dumbledore and Grindelwald had 'sexual relationship'

Harry Potter author JK Rowling has confirmed that beloved wizard Albus Dumbledore had a sexual relationship with dark wizard Gellert Grindelwald. MORE



### **Fastlove: A tribute to George Michael**

After selling out all shows in Australian major cities in 2018, the world's most prestigious and professionally produced show paying tribute to the life and work of George Michael is coming back in 2019. MORE

#### **Events**



**USQ Ally Network Natter** 

The Lived Experience of Formerly Incarcerated Transgender People in Queensland – Dr Annette Brömdal and Dr Amy B Mullens

Wednesday 3rd April, 12.30-1.30pm

Room: B154 Springfield

Within prison populations, the World Health Organization (WHO), the United Nations Office on Drugs and Crime, and the National Standards to Prevent, Detect and to Respond to Prison Rape: Final Rule (PREA) in the United States of America (USA) identify transgender prisoners as a "vulnerable group" and "vulnerable inmates" as their "appearance or manner" do not "conform to traditional gender expectations" (U.S Department of Justice, 2012). This vulnerability also reflects the high prevalence of physical and sexual violence transgender and gender-diverse people experience outside the prison system (Blondeel et al., 2018). Today, Annette and Amy will share their experiences and current findings linked to their HIV Foundation Queensland funded research project exploring the lived experiences of formerly incarcerated transgender people in Queensland.

To register your interest in attending at USQ Ipswich please email <u>ally@usq.edu.au</u>. If you are unable to attend in person, you can register to watch the presentation live online <u>here</u>.

#### FREE TRAINING USQ STUDENTS!

Ever wondered what to do if someone close to you was having a mental health emergency? Could you recognise the early warning signs of a mental health problem? Would know where to send someone for help? Interested in having a mental health qualification to add to your resume?

Mental health first aid is the help provided to a person who is developing a mental health problem or who is in a mental health crisis. Like physical first aid, mental health first aid is given until the person receives professional help or until the crisis resolves.

Accredited to deliver MHFA

USQ is offering FREE MENTAL HEALTH FIRST AID TRAINING to all students over

the age of 18. This two day training program will teach you:

- How to recognise the signs and symptoms of mental health problems
- To help people in the early stages of these problems
- Where and how to refer people to get help
- Understand what types of help are effective
- Know how to assist in a mental health crisis until professional help arrives.

To register email <a href="mailto:mhfa@usq.edu.au">mhfa@usq.edu.au</a>

# MEN HEA FIRS

Courses by MHFA Australia

#### Resources

#### SafeZone App

Safety is important for all of us. SafeZone is a free app that connects you directly with the University's Campus Security team or Emergency Services. SafeZone is available free for all staff and students. This is a safety app for your phone which allows you to request assistance from USQ Campus Security easily and discreetly. Download it, and log in with your uni email address! MORE



### **Support Services**



#### **QLife/Diverse Voices**

QLife is Australia's first nationally-oriented counselling and referral service for people who are lesbian, gay, bisexual, trans, and/or intersex (LGBTI). QLife provides nation-wide, early intervention, peer supported telephone and web based services to people of all ages across the full breadth of people's bodies, genders, relationships, sexualities, and lived experiences.

3:00pm to midnight in your state, around Australia, every day.

CALL 1800 184 527

ONLINE CHAT

#### **PFLAG**

A support group for the family and friends of Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Agender and other diverse people.



#### Toowoomba

Phone: 0478 735 242

Email: pflagtoowoomba@gmail.com



#### Brisbane

Phone: 0400 767 832

http://www.pflagbrisbane.org.au/contact-us



#### **Ipswich**

Supporting our GLBTIQ community, their

families and friends

https://www.facebook.com/pflagipswich

#### The Pinnacle Foundation

The Pinnacle Foundation has been established to provide

scholarships to Lesbian, Gay, Bisexual, Trans, Intersex and Queer students who are marginalised or disadvantaged.

**READ MORE** 



#### **Open Doors**

Open Doors provides Advocacy and support

services for lesbian, gay, bisexual, asexual and/or transgender, Intersex and queer (LGBTIQ) young people aged 12 to 24 and their families who live in South East Queensland.

http://www.opendoors.net.au/

**My Big Gay Family** My Big Gay Family is a safe, inclusive space to explore and celebrate the depth and diversity of all LGBTIQ families. **Informed. Connected. Empowered.** 



#### Relationships Australia—Rainbow Program

Relationships Australia, Ipswich and Toowoomba, now provides The Rainbow Program,

striving to support the mental health and wellbeing of people of diverse bodies, genders and sexualities, including lesbian, gay, bisexual, transgender & intersex (LGBTI) people, as well as those questioning their gender identity or sexual orientation. Includes counselling and support groups. <a href="http://www.raq.org.au/services/rainbow-program">http://www.raq.org.au/services/rainbow-program</a>





Our House Our Haven Inc. is a brand new registered charity organisation based in Ipswich. They are a nurse-led clinic providing care, psychotherapy and different treatment options for chronic and crisis mental health clients. Where staff are trained in supporting those who identify as LGBTIQ+ <a href="https://www.ohoh.org.au/">https://www.ohoh.org.au/</a>

