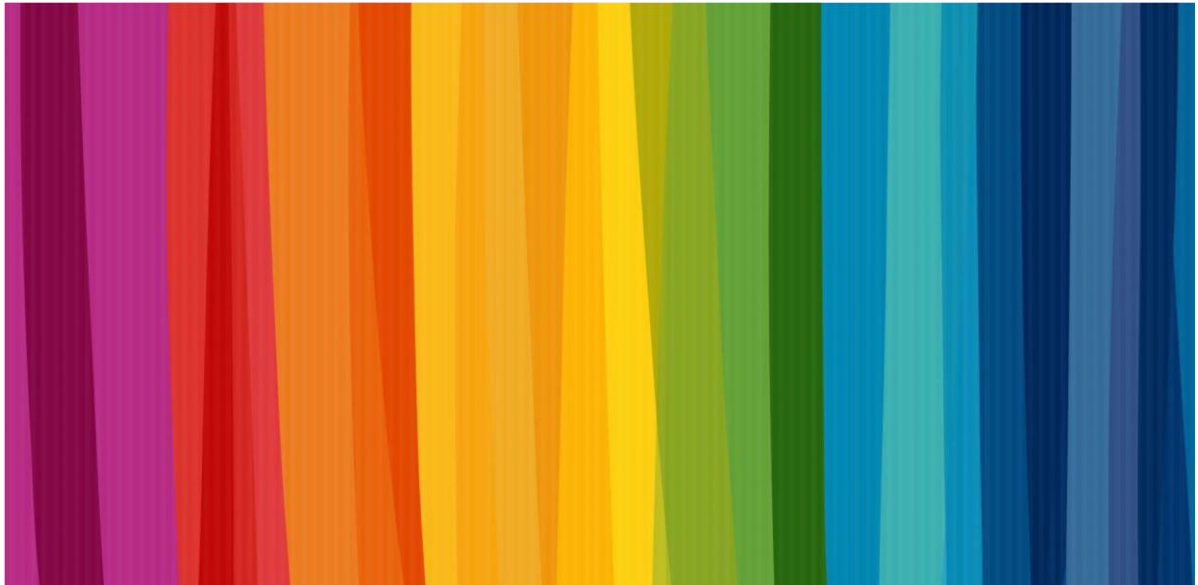


USQ Ally Network Newsletter



usq.edu.au/ally

Issue #51 March 2022



Dear Allies,

Welcome to a new year and a new Ally Network Newsletter, how is it March already!

I'd like to acknowledge that the start of 2022 has not been easy for some folk. World events and disasters closer to home can bring about new and heightened emotional responses that we may not be ready for. We encourage everyone to look out for each other and look after each other as well as yourself. This issue will offer some information around practicing effective self-care as well as some news and some lighter material that will hopefully make you smile.

Ally Training as been booking out and we have waiting lists for hour next two sessions. We are hoping to look at some in person training sessions again for those who would like to take up that option. So keep your eyes peeled in your emails, USQ social media and our [website](#).

Look out for the next Ally Newsletter when we report of the launch of the exhibition "*It's ok to be me...*". This exhibition makes space for local LGBTQI+ voices from all walks of life to share how they feel – What they would like the people of Queensland to know about what it's like being part of the LGBTQI+ community in Queensland. This project is centered at QAGOMA and will extend out into the community. USQ joins as a satellite venue, making space for LGBTQI+ voices in the area to be heard.

Please remember that we are always on the lookout for interesting articles, information about events, and professional development opportunities to include in the Ally newsletter. Please email Ally@usq.edu.au to share your points of interest.

What's going on at USQ?

USQ Ally Network Natter – 30th March

The next Ally Network Natter is around being a supportive Ally to our Trans friends. Our guest speaker will speak from a lived experience, there will also be the opportunity for some Q&A. I think it's going to be really practical and informative, so don't miss it! [Register here.](#)

Harassment & Discrimination – Share a Concern @ USQ



If it matters to you... it matters to USQ

Share a concern if you have experienced any unwanted or inappropriate behaviour.

USQ is here to help.

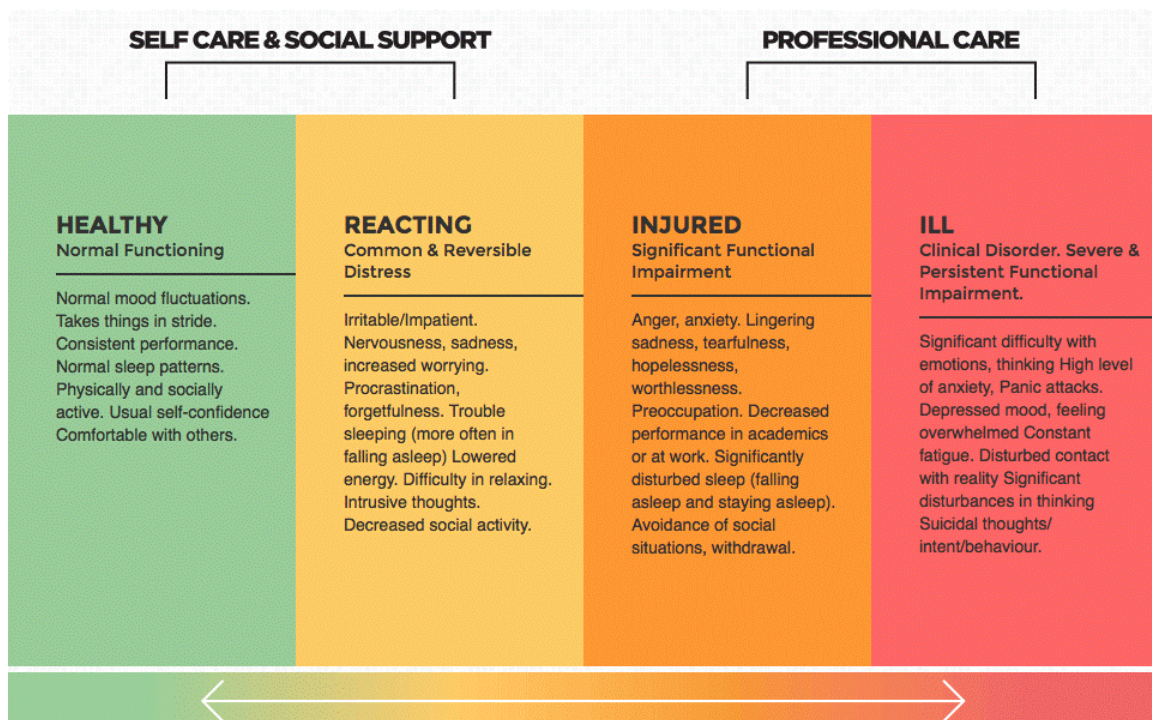
UNIVERSITY OF SOUTHERN QUEENSLAND

Harassment and Discrimination are not okay and at USQ there is a new process by which you can Share a Concern. Share a concern is available to provide information, support and assistance around discrimination, workplace harassment, sexual harassment and bullying.

This form allows you to connect with USQ's Student Success and Wellbeing team to share a concern or seek support for yourself or somebody else. You may provide as much or as little detail as you wish, and you may also remain anonymous.

When do I need a professional?

Life has many twists and turns and goodness knows we do not feel 100% all of the time. When to seek the support of a professional is a frequently asked question and this table offers some guidance. Please reach out if you need support whether you are a student or USQ staff.



What's going on outside of USQ?

News



Big majority of Australia parents support LGBTIQ+ education in schools

A national study has found over 80 per cent of Australian parents support the teaching of gender and sexuality diversity in schools, as part of relationships and sexual health education. [more](#). QNews



Non-binary people have worse mental health than other genders, study finds

On average, more than one in two non-binary people (51 per cent) are clinically distressed or struggling, the second-ever *Mental State of the World Report 2021* found. [more](#). Pink News



'Brave and courageous' Ukrainian LGBT+ activist killed by Russian bombs.

A queer law student and defiant activist has been killed by Russian bombing in Kharkiv, Ukraine, local LGBT+ activists have confirmed. Elvira Schemur was volunteering at a regional administration building in the city when it was struck by a Russian missile. "She inspired folks to follow her... in defense of freedom and equality.." The activists behind Kharkiv Pride said they will remember Schemur as a "patriot and a hero" [more](#). Pink News

Health



Breast Cancer Australia launches new resources for the LGBTQI+ Community

Breast Cancer Network Australia has developed a range of new resources to provide LGBTQI+ people affected by breast cancer with the information and support they need throughout the different stages of their treatment and care [more](#). LOTL

Entertainment



Jamie Lee Curtis takes a stand for transgender rights on daughter's birthday

Jamie Lee Curtis has written a heartfelt tribute to her transgender daughter Ruby and lashed S conservative politicians targeting families with anti-trans laws [more](#). QNews.



Woman on business trip 'accidentally booked seat on Mardi Gras Pride Flight'

A Melbourne woman heading to Sydney on a "low-key" business trip has claimed she accidentally booked a seat aboard Virgin Australia's loud and proud Pride Flight down to Mardi Gras. "I would definitely book on this again" she said [more](#). QNews

Sport



Torvill and Dean call on Olympics to allow same-sex figure skating partners: 'It's the next step'

Jayne Torvill and Christopher Dean have said that the same-sex couples are the "next step" for Olympic figure skating. [more](#). Pink News

Important Dates

Brisbane Pride announces date for 2022 Queens Ball awards.

The Queens ball awards are the longest-running LGBTQIA+ event in the world. Originating on Tambourine Mountain 61 years ago the event was a fun and camp celebration of all things queer. In a time when it was still illegal to be gay in Queensland, the event was vitally important for so many. This years event will take place Saturday the 25th June 2022 [more](#).
QNews

Supports

How to be a great Trans Ally

Trans and gender diverse people comprise an estimated 2% of the population. This means that, as [cis](#) people, you are in a great position to be strong allies for the trans people in your lives. The difference between being someone who knows a trans person, and being an ally is the work put into affirming, supporting, and being an active bystander. [TransHub](#) shares how you can be an ally to your trans people. At home, in school, at work, in the loo and in life.

General Supports for USQ Allies

Please remember that the USQ Ally Network keeps a list of LGBTIQ resources and referrals available for download on the [Ally website](#). Scroll down to the bottom of the page to find the downloadable list. This is a useful tool for you when supporting those who identify or who have people close to them who identify.

If you have any questions or concerns, please contact our office.

Kind regards,
USQ Ally Network

E: ally@usq.edu.au

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