The University of Southern Queensland

Course Specification

Description: Mental Health Nursing 2

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<tr>
<th>Subject</th>
<th>Cat-Nbr</th>
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<th>Term</th>
<th>Mode</th>
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<td>10465</td>
<td>1, 2002</td>
<td>ONC</td>
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Academic Group: FOSCI
Academic Org: FOS004
HECS Band: 1
ASCED Code: 060305

STAFFING
Examiner: Christine Neville
Moderator: Angela Smith

PRE-REQUISITES
Pre-requisite: MHN 2020 and NUR 2070

RATIONALE
Mental health nursing is a specialised field that focuses on meeting the mental health needs of the community. The context of mental health nursing is broad and includes working with people with a diagnosed mental illness, people suffering emotional distress as a result of stress or a trauma, the families and loved ones of these people as well as the community in which they live. No matter what their specialist area of practice nurses work with people with mental health problems. Therefore they need to have the appropriate skills and attitudes to assist their clients to deal with emotional health issues. Mental Health 1 and 2 aim to equip the nurse with the skills necessary to help individuals and their families with mental health problems.

SYNOPSIS
Mental Health Nursing 2 develops themes and concepts introduced in Mental Health Nursing 1. There is more emphasis upon the unique and changing role of the mental health nurse and the changing relationship with consumers. This course further develops students' interpersonal communication skills, specifically the development of client centred counselling skills. Professional mental health nursing issues are addressed. Mental Health care to special needs groups (as identified in the National Mental Health Strategy) will also be addressed as these groups suffer special threats to their integrity and increase their vulnerability.
OBJECTIVES

On successful completion of this course students will be able to:

- demonstrate an understanding of the role of the nurse in helping a person with mental health problems reduce vulnerability and maintain integrity. These problems include cognitive difficulties, eating disorders and personality disorders.
- demonstrate an understanding of the changing role of consumers in the delivery of mental health care and that the mentally ill person has rights to advocacy and confidentiality and be able to discuss how this contributes to their maintenance of integrity;
- identify the mental health needs of "special groups" including people from NESB, Aboriginal and Torres Strait Islander Peoples, men and women, older people, young people, people from rural and isolated areas, people with disabilities, the homeless and incarcerated and how being part of these groups increases their vulnerability as described by Irurita.
- explain why continuing professional education, through participation in professional organisations such as ANZCMHN, is essential for mental health nurses;
- demonstrate micro counselling skills with people with mental health problems. These skills should help to maintain the clients integrity as described by Irurita.
- Clinical Objectives: set and achieve three clinical objectives related to the objectives of this course;
- observe and participate in therapeutic group situations;
- plan appropriate nursing interventions for clients suffering with a mental illness. This plan should help the client maintain their integrity and reduce vulnerability, ie develop a care plan for a client;
- demonstrate a high level of communication skills when working with people with mental health problems; and
- demonstrate micro-counselling skills with people with mental health problems. These skills should help to maintain the client's integrity.

TOPICS

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<tr>
<td>1. Consumer focus for service delivery</td>
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<td>2. Mental health issues with special needs groups</td>
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<td>3. Counselling skills Community, and family as a client</td>
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<td>4. Some common mental health problems Nursing care of people with mental health problems</td>
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TEXT and MATERIALS required to be PURCHASED or ACCESSED:

Books can be ordered by fax or telephone. For costs and further details use the 'Book Search' facility at http://bookshop.usq.edu.au by entering the author or title of the text.

REFERENCE MATERIALS

Reference materials are materials that, if accessed by students, may improve their knowledge and understanding of the material in the course and enrich their learning experience.

Australian and New Zealand Journal of Mental Health Nursing.


Australian and New Zealand College of Mental Health Nurses, 1995 Standards of Mental Health Nursing Practice, (revised) ANZCMHN, Greenacres, SA.


Mental Health Unit, 1997 Queensland Government Youth Suicide Prevention Strategy, Queensland Government, Brisbane.


Queensland Mental Health Branch, 1994 Queensland Mental Health Plan, Queensland Health, Brisbane.

Queensland Mental Health Branch, 1995 Non-english Speaking Background Mental Health Policy Statement, Queensland Health, Brisbane.

Queensland Mental Health Branch, 1996 Future Directions for Child and Youth Mental Health Services, Queensland Health, Brisbane.

Queensland Mental Health Branch, 1996 Mental Health Services for Older People, Queensland Health, Brisbane.
Queensland Mental Health Branch, 1996 *Queensland Mental Health Policy Statement Aboriginal and Torres Strait Islander People*, Queensland Health, Brisbane.


**STUDENT WORKLOAD REQUIREMENTS**

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<th>ACTIVITY</th>
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**ASSESSMENT DETAILS**

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**NOTES:**

1. Further details about the due dates are detailed in the assessment section of the Course Specifications.
2. Further details about the due dates are detailed in the assessment section of the Course Specifications.
3. Further details about the due dates are detailed in the assessment section of the Course Specifications.
4. Further details about the due dates are detailed in the assessment section of the Course Specifications.
5. Further details about the due dates are detailed in the assessment section of the Course Specifications.

**OTHER REQUIREMENTS**

1. Attendance Requirements: It is the students' responsibility to actively participate in all classes scheduled for them, and to study all material provided to them or
1 Minimum Requirements to Pass the Course: To be assured of a pass in this course, students must: (i) demonstrate interpersonal communication skills for clinical preparation by passing an oral test (students must gain the 1 mark for this assessment); (ii) complete 80 hours of supervised clinical experience as organised by the Nursing Department and satisfactorily complete the performance evaluation profile (students must gain the 1 mark for this assessment); (iii) obtain an overall mark of at least 60%; and (iv) submit all pieces of assessment and gain at least 50% of the marks available in each assessment item.

2 Grading: Final grades for students will be determined by the addition of the marks obtained in each assessment item, weighted as in the Assessment Details and by considering the students' level of achievement of the objectives of the course.

3 Assignments: Students must retain a copy of each item submitted for assessment. This must be produced within 48 hours if required by the Examiner. In accordance with University's Assignment Extension Policy (Regulation 5.6.1), the examiner of a course may grant an extension of the due date of an assignment in extenuating circumstances. This policy may be found in the USQ Handbook, the Distance Education Student Guide and the Faculty of Sciences' Orientation Handbook for on-campus students. All students are advised to study and follow the guidelines associated with this policy. An assignment, submitted after the due date without an extension approved by the Examiner, will attract a penalty of 20 percent of the assigned mark for each day (or part thereof) that the assignment is late.

4 Examinations: Candidates should be aware that the University has policies and regulations (Regulation 5.6.2.2) about the use of unfair means and electronic devices in an examination and they should refer to them to determine whether or not actions they intend to take are acceptable to the University. Restricted Examination: Candidates will be allowed access only to specific materials in a restricted examination. The only materials that candidates may use in the restricted examination for this course are: (a) writing materials (non-electronic and free from material which could give the student an unfair advantage in the examination); (b) calculators which cannot hold textual information (students must indicate on their examination paper the make and model of any calculator(s) they use during the examination). (c) With the approval of the Examiner, candidates may take an appropriate non-electronic translation dictionary into the examination. This will be subject to perusal and may be removed from the candidate's possession until appropriate disciplinary action is completed if found to contain material that could give the candidate an unfair advantage.

5 Supplementary and Deferred Examinations: Students who obtain an overall passing mark, but who do not perform satisfactorily in an examination, may, at the discretion of the examiner, be granted a supplementary examination. Students will be granted a deferred examination only if they gain at least 50% of the marks available for each of the other assessment items. Any supplementary or deferred examinations for this course will be held during the following semester 2 examination period.