Description: Advanced Mental Health Nursing 1

<table>
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<tr>
<th>Subject</th>
<th>Cat-Nbr</th>
<th>Class</th>
<th>Term</th>
<th>Mode</th>
<th>Units</th>
<th>Campus</th>
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<tr>
<td>MHN</td>
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<td>10470</td>
<td>1, 2002</td>
<td>EXT</td>
<td>1.00</td>
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Academic Group: FOSCI
Academic Org: FOS004
HECS Band: 1
ASCED Code: 060305

STAFFING
Examiner: Donald Gorman
Moderator: Christine Neville

RATIONALE
Mental health nurses need to understand the theoretical basis for their practice and be able to relate this understanding to clients from a range of cultural and linguistic backgrounds. As well, mental health nurses need to be able to communicate with their colleagues in the multi/inter disciplinary teams. Diagnostic Statistical Manual (DSM) is the model of classification taught in this course as it is widely used in mental health services.

SYNOPSIS
This course has two modules. The first will introduce students to complementary theoretical perspectives used in mental health nursing including Peplau's theory of interpersonal relationships, the behaviourist perspective, the cognitive approach, the psychoanalytic perspective, the humanist perspective and spirituality and mental health. Students will be encouraged to apply these theories directly to practice. The second module of this course will relate these theories to mental health nurses' understanding of mental illnesses including the psychoses, mood disorders, anxiety, personality disorders, substance related disorders and organic disorders. Students will have the opportunity to enhance their learning with clinical practise working with people with mental illnesses.

OBJECTIVES
On successful completion of this course students will be able to:

- use the ANZCMHN Standards of Practice for Mental Health Nursing in Australia as a framework for their clinical practice;
- use Peplau's theory of interpersonal relationships as the basis for establishing partnerships with clients as the working basis for a therapeutic relationship;
• be able to use a range of theoretical frameworks including the behaviourists perspective, cognitive approaches, psychoanalytic perspective and the humanist;
• use the DSM model of classification of mental illness in clinical practice;
• compare the international Classification of Diseases (ICD) and DSM models of classification;
• assess and care for a person experiencing a mental illness including the psychoses, mood disorders, anxiety, personality disorders, substance related disorders;
• promote culturally and linguistically appropriate care using specific mental health nursing strategies in the least restrictive environment with clients from across the lifespan;
• demonstrate satisfactory completion of 80 hours of clinical experience as partial fulfilment of QNC requirements.

**TOPICS**

<table>
<thead>
<tr>
<th>Description</th>
<th>Weighting (%)</th>
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<tr>
<td>1. Theoretical Perspectives Peplau's theory of interpersonal relationships &amp; the therapeutic relationship Psychoanalytic theory Behaviourist Cognitive theory Humanism ANZCMHN Standards of Practice for Mental Health Nursing in Australia.</td>
<td>50.00</td>
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<td>2. Mental Illness, Nursing's Perspective ICD 10 DSMIV DSMIV axes</td>
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<tr>
<td>Schizophrenia Other psychotic disorders Mood disorders Anxiety disorders Dissociative disorders Disorders due to a general medical condition Eating disorders Substance related disorders</td>
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**TEXT and MATERIALS required to be PURCHASED or ACCESSED:**

Books can be ordered by fax or telephone. For costs and further details use the 'Book Search' facility at [http://bookshop.usq.edu.au](http://bookshop.usq.edu.au) by entering the author or title of the text.

Australian and New Zealand College of Mental Health Nurses, 1995 *Standards of Practice for Mental Health Nursing in Australia*, ANZCMHN, Canberra.


**REFERENCE MATERIALS**

Reference materials are materials that, if accessed by students, may improve their knowledge and understanding of the material in the course and enrich their learning experience.


Rogers, C., 1996 *On Becoming a Person: A Therapist's View of Psychotherapy*, Peter Smith Publisher.


**STUDENT WORKLOAD REQUIREMENTS**

<table>
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<tr>
<th>ACTIVITY</th>
<th>HOURS</th>
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<tbody>
<tr>
<td>Clinical Experience</td>
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<tr>
<td>Directed Study</td>
<td>56</td>
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<td>Private Study</td>
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**ASSESSMENT DETAILS**

<table>
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<tr>
<th>Description</th>
<th>Marks Out of</th>
<th>Wtg(%)</th>
<th>Required</th>
<th>Due Date</th>
<th>Notes</th>
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<tr>
<td>ESSAY THEORETICAL PERSP IN MHN</td>
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<td>60.00</td>
<td>Y</td>
<td>04 Mar 2002</td>
<td>(see note 1)</td>
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<td>ESSAY CASE STUDY OF A CLIENT</td>
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<td>(see note 2)</td>
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<td>CLINICAL</td>
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<td>0.00</td>
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<td>04 Mar 2002</td>
<td>(see note 3)</td>
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**NOTES:**

1. Further details about the due dates are detailed in the assessment section of the Course Specifications.
2. Further details about the due dates are detailed in the assessment section of the Course Specifications.
3. Further details about the due dates are detailed in the assessment section of the Course Specifications.
OTHER REQUIREMENTS

1 Attendance Requirements: It is the students' responsibility to actively participate in all activities scheduled for them, and to study all material provided to them or required to be accessed by them to maximize their chance of meeting the objectives of the Course and to be informed of Course-related activities and administration.

2 Minimum Requirements to Pass the Course: To be certain of gaining a passing grade in this course, students must gain 1 mark for assessment number 3, obtain at least 50% in all assessments and an overall score of 60%. If seeking endorsement, students must satisfactorily complete 80 hours of clinical practice in an approved setting. Clinical assessment tools developed by the University of Southern Queensland will be used to determine if the student has satisfactorily completed this component of the course.

3 Assignments: The due date for assessments is the date by which a student must dispatch an assignment to USQ. The onus is on the student to provide proof of the dispatch date if requested by the examiner. Students must retain a copy of each item submitted for assessment. This must be produced within five days if required by the Examiner. Students must retain a copy of each item submitted for assessment. This must be produced within five days if required by the Examiner. In accordance with University's Policy on Assignments (Regulation 5.6.1), the examiner of a course may grant an extension of the due date of an assignment in extenuating circumstances. This policy may be found in the USQ Handbook, the Distance Education Student Guide and the Faculty of Sciences' Orientation Handbook for new on-campus students. All students are advised to study and follow the guidelines associated with this policy. Assignments submitted after the due date will be penalised 10% for each day late, unless the student can convince the examiner that such a penalty is not warranted. An assignment submitted after the due date without an extension approved by the Examiner, will attract a penalty of 20 percent of the assigned mark for each day (or part thereof) that the assignment is late.