The University of Southern Queensland
Course Specification

Description: Adv Mental Health Nursing 2

<table>
<thead>
<tr>
<th>Subject</th>
<th>Cat-Nbr</th>
<th>Class</th>
<th>Term</th>
<th>Mode</th>
<th>Units</th>
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<td>MHN</td>
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<td>10471</td>
<td>1, 2002</td>
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Academic Group: FOSCI
Academic Org: FOS004
HECS Band: 1
ASCED Code: 060305

STAFFING
Examiner: Donald Gorman
Moderator: Christine Neville

PRE-REQUISITES
Pre-requisite: MHN 5120

RATIONALE
As nurses work in interdisciplinary and multidisciplinary teams it is important they have a good grounding in the accepted nomenclature as well as an understanding of its limitations. Specialist mental health nurses need a thorough understanding of current approaches to mental health care including different service models, as well as emerging trends in care. These nurses also need to recognise that there is a cultural basis to the interpretation of behaviour and that conventional psychiatry may have limitations for people with non-English speaking backgrounds.

SYNOPSIS
This course builds on the learning about theoretical perspectives and the ANZCMHN Standards of Practice for Mental Health Nursing in Australia in 67412. The nurses' understanding of mental illness and the conventional psychological interventions, physical treatments and psychopharmacology as well as current issues, such as, mainstreaming and integration will be explored. They will be enabled to critically evaluate alternative, holistic and empowering approaches to the care of clients from across the lifespan in a range of settings including community, rehabilitation, acute inpatient and specialty areas, with an emphasis on inter-cultural care. Students will have the opportunity to apply knowledge and develop the related skills and attitudes appropriate when working with a person with a mental illness utilising the theoretical perspectives and standards of practice covered in 67412.
OBJECTIVES

On successful completion of this course students will be able to:

- contribute to the provision of mental health services identified in the government strategic directions;
- assess and care for a person experiencing a mental illness including dissociative disorders, organic disorders and eating disorders;
- apply knowledge of the special needs of young people with mental health problems;
- apply knowledge of the special needs of the elderly with mental health problems;
- apply knowledge of rehabilitation of people with mental health problems;
- apply knowledge of psychotropic medications including their uses, side effects and the nurses’ responsibility;
- demonstrate skill in creation of culturally relevant interventions to promote and maintain mental health of diverse cultural groups, families, individuals and communities;
- apply knowledge of current issues in mental health to their practice;
- facilitate client centred collaboration between institutional and community services;
- demonstrate satisfactory completion of 80 hours of clinical experience as partial fulfilment of QNC requirements.

TOPICS

<table>
<thead>
<tr>
<th>Description</th>
<th>Weighting (%)</th>
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<tbody>
<tr>
<td>1. Mental illness and nursing care including assessment and discharge plans</td>
<td>25.00</td>
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<tr>
<td>- Child and Adolescent Mental Health Nursing</td>
<td></td>
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<tr>
<td>- Mental Health Nursing</td>
<td></td>
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<tr>
<td>- with Elderly Client - Forensic Mental Health Nursing</td>
<td></td>
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<tr>
<td>2. Mental Health Service: - Government policy - Service models -</td>
<td>45.00</td>
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<tr>
<td>- Non-government organisations - Consumer participation</td>
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<td>3. Cross-cultural Mental Health Nursing - Culture - Culture and mental</td>
<td>30.00</td>
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<tr>
<td>health/illness - Working with people from different cultural backgrounds -</td>
<td></td>
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<tr>
<td>- Working with interpreters</td>
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TEXT and MATERIALS required to be PURCHASED or ACCESSED:

Books can be ordered by fax or telephone. For costs and further details use the 'Book Search' facility at http://bookshop.usq.edu.au by entering the author or title of the text.


REFERENCE MATERIALS

Reference materials are materials that, if accessed by students, may improve their knowledge and understanding of the material in the course and enrich their learning experience.


Australian and New Zealand College of Mental Health Nurses, 1995 Standards of practice for mental health nursing in Australia, ANZCMHN, Canberra.


Chiu, E. & Minas, I., 1991 Mental Health of Ethnic Communities, St Vincent's Hospital, Melbourne.

Commonwealth of Australia, 1992 National Mental Health Policy, AGPS, Canberra.


Commonwealth of Australia, 1997 National Standards for Mental Health Services, AGPS, Canberra.


Queensland Health, 1996a *10 Year Mental Health Strategy for Queensland*, Queensland Health, Brisbane.

Queensland Health, 1996b *Aboriginal and Torres Strait Islander People: Queensland Mental Health Policy Statement*, Queensland Health, Brisbane.


Queensland Health, 1997c *Managing Cultural Diversity in Mental Health: Train-the-Trainer Package for the Delivery of In-Service Training to Mental Health Professionals*, Queensland Health, Brisbane.


**STUDENT WORKLOAD REQUIREMENTS**

<table>
<thead>
<tr>
<th>ACTIVITY</th>
<th>HOURS</th>
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<tbody>
<tr>
<td>Clinical Experience</td>
<td>80</td>
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<tr>
<td>Directed Study</td>
<td>56</td>
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<td>Private Study</td>
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**ASSESSMENT DETAILS**

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<tr>
<th>Description</th>
<th>Marks Out of</th>
<th>Wtg(%)</th>
<th>Required</th>
<th>Due Date</th>
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<tr>
<td>3000 WORD ASSIGNMENT 1</td>
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<tr>
<td>2000 WORD ASSIGNMENT 2</td>
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<td>CLINICAL EXPERIENCE</td>
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**NOTES:**
1. Further details about the due dates are detailed in the assessment section of the Course Specifications.
2. Further details about the due dates are detailed in the assessment section of the Course Specifications.
3. Further details about the due dates are detailed in the assessment section of the Course Specifications.

**OTHER REQUIREMENTS**

1. **Attendance:** It is the students’ responsibility to actively participate in all activities scheduled for them, and to study all material provided to them or required to be accessed by them to maximize their chance of meeting the objectives of the Course and to be informed of Course-related activities and administration.

2. **Minimum Requirements to Pass the Course:** To be certain of gaining a passing grade in this course, students must gain the 1 mark for assessment number 3, obtain at least 50% in all assessments and an overall mark of 60%. If seeking endorsement, students must successfully complete 80 hours of clinical practice in an approved setting. Successful completion will be assessed by the use of the clinical assessment tools developed by the University of Southern Queensland.

3. **Assignments:** The due date for an assignment is the date by which a student must dispatch the assignment to the USQ. The onus is on the student to provide proof of the dispatch date, if requested by the Examiner. Students must retain a copy of each item submitted for assessment. This must be produced within five days if required by the Examiner. In accordance with University’s Assignment Extension Policy (Regulation 5.6.1), the examiner of a Course may grant an extension of the due date of an assignment in extenuating circumstances. This policy may be found in the USQ Handbook, the Distance Education Student Guide and the Faculty of Sciences’ Orientation Handbook for on-campus students. All students are advised to study and follow the guidelines associated with this policy. An assignment, submitted after the due date without an extension approved by the Examiner, will attract a penalty of 20 percent of the assigned mark for each day (or part thereof) that the assignment is late.