Description: Psychosocial Foundations of Nursing

Subject          Cat-Nbr  Class   Term     Mode     Units    Campus
NUR              1020     14464   2, 2002  ONC      1.00     WIBAY

Academic Group:  FOSCI
Academic Org:    FOS004
HECS Band:       1
ASCED Code:      060301

STAFFING
Examiner: Cathy Rogers-Clark
Moderator: Janet Rankin

RATIONALE
Nurses work with people who are experiencing changes in their lives relating to a potential or actual alteration in health status, or who are experiencing a normal life transition (such as childbirth), as well as with people who wish to maintain their good health. Consequently, students of nursing need to develop a strong awareness of, respect for, and insight into the psychological, social, spiritual and cultural aspects and needs of people. To do this, nursing students must focus on self-awareness and self-development, to make possible the therapeutic use of 'self' in the nurse-patient relationships. Psychosocial Foundations of Nursing 1 and 2 offer a theoretical basis for the study of self and people across the lifespan as individuals, members of a family, community and society, and consumers of health care.

SYNOPSIS
Using a situated learning approach, this course uses a range of theoretical perspectives to explore how people maintain integrity in the psychological, social, spiritual and cultural realms. Students are encouraged to apply theory based on researched evidence to first explore dimensions of themselves, and secondly, to develop a deeper understanding of, and appreciation of, the needs of people from a variety of backgrounds, who are experiencing vulnerability. Students will be encouraged to adopt a partnership model in their professional relationships with patients, based on self-awareness, and using principles of therapeutic communication.

OBJECTIVES
On successful completion of this course students will be able to:

- use personal strategies which foster self-awareness, insight and compassion; apply a holistic, person-centred approach to understand the psychological, social, spiritual
and cultural aspects of integrity for individuals, families, groups and communities; discuss caring as central to the healing work of nursing, and begin to develop personal and professional attitudes and attributes central to caring; apply communications theory to establish, maintain and terminate caring therapeutic and effective interpersonal relationships with individuals across the lifespan; and demonstrate the beginning skills of scholarly inquiry and critical thinking.

TOPICS

<table>
<thead>
<tr>
<th>Description</th>
<th>Weighting (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Introduction to concepts of integrity, vulnerability, holistic health, healing, caring, and the partnership model.</td>
<td>10.00</td>
</tr>
<tr>
<td>2. Aspects of the individual: personality, perception and memory, motivation and emotions, attitudes, stress and coping, relating to others, growth and development.</td>
<td>70.00</td>
</tr>
<tr>
<td>3. Therapeutic communication skills.</td>
<td>20.00</td>
</tr>
</tbody>
</table>

TEXT and MATERIALS required to be PURCHASED or ACCESSED:

Books can be ordered by fax or telephone. For costs and further details use the ‘Book Search’ facility at http://bookshop.usq.edu.au by entering the author or title of the text.


REFERENCE MATERIALS

Reference materials are materials that, if accessed by students, may improve their knowledge and understanding of the material in the course and enrich their learning experience.


Bishop, G.D. 1994, Health Psychology: Integrating Mind and Body, Allyn and Bacon, Boston.


Hafen, B. et al. 1996, Mind/Body Health: The Effects of Attitudes, Emotions and Relationships, Allyn and Bacon, Boston.


**STUDENT WORKLOAD REQUIREMENTS**

<table>
<thead>
<tr>
<th>ACTIVITY</th>
<th>HOURS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Examinations</td>
<td>2</td>
</tr>
<tr>
<td>Lectures</td>
<td>26</td>
</tr>
<tr>
<td>Private Study</td>
<td>110</td>
</tr>
<tr>
<td>Tutorial</td>
<td>26</td>
</tr>
</tbody>
</table>

**ASSESSMENT DETAILS**

<table>
<thead>
<tr>
<th>Description</th>
<th>Marks Out of</th>
<th>Wtg(%)</th>
<th>Required</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>MID-SEM CLOSED TEST M/C</td>
<td>40.00</td>
<td>20.00</td>
<td>Y</td>
<td>22 Jul 2002</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>(see note 1)</td>
</tr>
<tr>
<td>1500 WORD ESSAY</td>
<td>100.00</td>
<td>40.00</td>
<td>Y</td>
<td>20 Sep 2002</td>
</tr>
<tr>
<td>2HR RESTRICTED EXAMINATION S/A</td>
<td>80.00</td>
<td>40.00</td>
<td>Y</td>
<td>END S2</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>(see note 3)</td>
</tr>
</tbody>
</table>

**NOTES:**
1. The test will be held during Week 8 of the Semester.
2. Examination dates will be available during the semester. Please refer to the examination timetable when published.

**OTHER REQUIREMENTS**

1. Attendance Requirements: It is the students' responsibility to participate actively in all classes scheduled for them, and to study all material provided to them or required to be accessed by them to maximize their chance of meeting the objectives of the course and to be informed of course-related activities and administration.
Minimum Requirements to Pass the Course: To be certain of obtaining a passing grade in this course, students must gain at least 50% of the total combined weighted marks available for the course.

Grading: Final grades for students will be determined by the addition of the marks obtained in each assessment item, weighted as in the Assessment Details.

Assignments: Students must retain a copy of each item submitted for assessment. This must be produced within 48 hours if required by the examiner. In accordance with University's Policy on Assignments (Regulation 5.6.1), the examiner of a course may grant an extension of the due date of an assignment in extenuating circumstances. This policy may be found in the USQ Handbook, the Distance Education Student Guide and the Faculty of Sciences' Orientation Handbook for new on-campus students. All students are advised to study and follow the guidelines associated with this policy. An assignment submitted after the due date without an extension approved by the examiner, will attract a penalty of 20 percent of the assigned mark for each day (or part thereof) that the assignment is late.

Examinations: Restricted Examination: Candidates will be allowed access only to specific materials in a restricted examination. The only materials that candidates may use in the restricted examination for this course are writing materials and, for students whose first language is not English, an appropriate non-electronic translation dictionary may be taken into the examination. Students who wish to use a translation dictionary MUST request and receive approval to do so from the course leader BEFORE the examination date. Closed Examination: Candidates are allowed to bring only writing and drawing instruments into the closed examination.

Supplementary and Deferred Examinations: Students will be granted a deferred examination only if they perform satisfactorily in all other assessment items. Any deferred examination for this course will be held during the following semester 3 examination period. No supplementary examinations will be offered in this course.