Description: The Health of Women

<table>
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<tr>
<th>Subject</th>
<th>Cat-Nbr</th>
<th>Class</th>
<th>Term</th>
<th>Mode</th>
<th>Units</th>
<th>Campus</th>
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<tr>
<td>NUR</td>
<td>5140</td>
<td>10481</td>
<td>1, 2002</td>
<td>EXT</td>
<td>1.00</td>
<td>TW MBA</td>
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Academic Group: FOSCI
Academic Org: FOS004
HECS Band: 1
ASCED Code: 061307

STAFFING
Examiner: Cathy Rogers-Clark
Moderator: Odette Best

RATIONALE

Issues relating to women's health have been placed firmly on the agenda of national and state governments in recent years. National and state women's health policies recognise that there are a number of priority women's health care issues which should be addressed with the implementation of major strategies to change the focus of current women's health services. Health practitioners in metropolitan, rural and remote areas are being challenged to implement appropriate community-based strategies to assist women in their communities to better health. To do so effectively, these practitioners need to become aware of the major health issues experienced by women across the lifespan and in different environments. They also need to be able to critically review models of health care delivery in women's health as a step in planning appropriate women-centred health care.

SYNOPSIS

This course will assist health practitioners to develop an understanding of the health issues experienced by women in metropolitan and rural and remote settings. The philosophical underpinnings of the women's health movement will be explored, and the question "Why Women's Health?" discussed. Students will be introduced to current women's health policy directions and initiatives, and will explore how philosophy and policy for women's health relate to a variety of health care settings and services. Students will choose a specific area in women's health to study in depth and will be assisted to develop appropriate strategies to assist women who are experiencing problems in that area.
OBJECTIVES

On successful completion of this course students will be able to:

- discuss the feminist underpinnings of the women's health movement, particularly in relation to explaining the social context of women's health issues, and as a philosophical base to women's health practice.
- critically analyse historical and current mainstream health services provided to women.
- outline key policy directions and initiatives as outlined in national and state women's health policy.
- discuss major women's health issues which women have identified as priority issues for consideration by health professionals.
- use a women-centred, community development approach to strategically plan a health program to enhance existing women's health services or to develop new services based on primary health care principles.

TOPICS

<table>
<thead>
<tr>
<th>Description</th>
<th>Weighting (%)</th>
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<tbody>
<tr>
<td>1. Women's Health: Philosophy, Policy and Practice - the biomedical model as a basis for understanding women's health: a critique - feminist philosophy and the primary health care model: underpinnings of the Women's Health Movement - global issues in women's health</td>
<td>15.00</td>
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<tr>
<td>2. Assisting Women to Maintain Good Health Through the Lifespan - enhancing women's abilities to care for themselves - some major health issues for young women - the health of women in midlife - health for the older woman: confronting stereotypes - health issues for women with different experiences of life: women with disabilities - Aboriginal and Torres Strait Islander women; women from non-English speaking backgrounds; women in rural and remote settings; lesbian women - health issues for women in paid employment - reproductive health concerns for women across the lifespan</td>
<td>40.00</td>
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<td>3. Assisting Women with Specific Health Concerns - violence against women - women and cancer - women and mental illness</td>
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<tr>
<td>4. Women's Health Care: Developing the Speciality - essential elements of women's health care - planning women's health services based on the philosophies and policies of women's health</td>
<td>25.00</td>
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TEXT and MATERIALS required to be PURCHASED or ACCESSED:

Books can be ordered by fax or telephone. For costs and further details use the 'Book Search' facility at http://bookshop.usq.edu.au by entering the author or title of the text.

REFERENCE MATERIALS

Reference materials are materials that, if accessed by students, may improve their knowledge and understanding of the material in the course and enrich their learning experience.


STUDENT WORKLOAD REQUIREMENTS

<table>
<thead>
<tr>
<th>ACTIVITY</th>
<th>HOURS</th>
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<tbody>
<tr>
<td>Directed Study</td>
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<td>Private Study</td>
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## ASSESSMENT DETAILS

<table>
<thead>
<tr>
<th>Description</th>
<th>Marks Out of</th>
<th>Wtg(%)</th>
<th>Required</th>
<th>Due Date</th>
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<tr>
<td>CRITICAL REFLECTION</td>
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<td>Y</td>
<td>28 Mar 2002</td>
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<td>(see note 1)</td>
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<td>ASSGT B - WOMENS HEALTH</td>
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<td>(see note 3)</td>
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**NOTES:**

1. Further details about the due dates are detailed in the assessment section of the Course Specifications.
2. Further details about the due dates are detailed in the assessment section of the Course Specifications.
3. Further details about the due dates are detailed in the assessment section of the Course Specifications.

## OTHER REQUIREMENTS

1. Attendance Requirements: It is the students' responsibility to actively participate in all activities scheduled for them, and to study all material provided to them or required to be accessed by them to maximize their chance of meeting the objectives of the Course and to be informed of Course-related activities and administration.
2. Minimum Requirements to Pass the Course: To be assured of a pass in this Course, students must obtain at least 60% of the total marks available for the three (3) assignments in this course.
3. Assignments: The due date for an assignment is the date by which a student must dispatch the assignment to the USQ. The onus is on the student to provide proof of the dispatch date, if requested by the Examiner. Students must retain a copy of each item submitted for assessment. This must be produced within five days if required by the Examiner. In accordance with University's Assignment Extension Policy (Regulation 5.6.1), the examiner of a Course may grant an extension of the due date of an assignment in extenuating circumstances. This policy may be found in the USQ Handbook, the Distance Education Student Guide and the Faculty of Sciences' Orientation Handbook for on-campus students. All students are advised to study and follow the guidelines associated with this policy. An assignment, submitted after the due date without an extension approved by the Examiner, will attract a penalty of 20 percent of the assigned mark for each day (or part thereof) that the assignment is late.
4. Grading: Final grades for students will be determined by the addition of the marks obtained in each assessment item, weighted as in the Assessment Details and by considering the students' level of achievement of the objectives of the Course.