The University of Southern Queensland

Course Specification

Description: Mental Health Nursing 2

<table>
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<tr>
<th>Subject</th>
<th>Cat-Nbr</th>
<th>Class</th>
<th>Term</th>
<th>Mode</th>
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<td>MHN</td>
<td>3030</td>
<td>20466</td>
<td>1, 2003</td>
<td>ONC</td>
<td>1.00</td>
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Academic Group: FOSCI
Academic Org: FOS004
HECS Band: 1
ASCED Code: 060305

STAFFING
Examiner: Christine Neville
Moderator: Don Gorman

PRE-REQUISITES
Pre-requisite: MHN2020 and NUR2070

RATIONALE
Mental health nursing is a specialised field that focuses on meeting the mental health needs of the community. The context of mental health nursing is broad and includes working with people with a diagnosed mental illness, people suffering emotional distress as a result of stress or a trauma, the families and loved ones of these people as well as the community in which they live. No matter what their specialist area of practice nurses work with people with mental health problems. Therefore they need to have the appropriate skills and attitudes to assist their clients to deal with emotional health issues. Mental Health 1 and 2 aim to equip the nurse with the skills necessary to help individuals and their families with mental health problems.

SYNOPSIS
Mental Health Nursing 2 develops themes and concepts introduced in Mental Health Nursing 1. There is more emphasis upon the unique and changing role of the mental health nurse and the changing relationship with consumers. This course further develops students' interpersonal communication skills, specifically the development of client centred counselling skills. Professional mental health nursing issues are addressed. Mental Health care to special needs groups (as identified in the National Mental Health Strategy) will also be addressed as these groups suffer special threats to their integrity and increase their vulnerability.

OBJECTIVES
On successful completion of this course students will be able to:
• demonstrate an understanding of the role of the nurse in helping a person with mental health problems reduce vulnerability and maintain integrity. These problems include cognitive difficulties, eating disorders and personality disorders.
• demonstrate an understanding of the changing role of consumers in the delivery of mental health care and that the mentally ill person has rights to advocacy and confidentiality and be able to discuss how this contributes to their maintenance of integrity;
• identify the mental health needs of "special groups" including people from NESB, Aboriginal and Torres Strait Islander Peoples, men and women, older people, young people, people from rural and isolated areas, people with disabilities, the homeless and incarcerated and how being part of these groups increases their vulnerability as described by Irurita.
• explain why continuing professional education, through participation in professional organisations such as ANZCMHN, is essential for mental health nurses;
• demonstrate micro counselling skills with people with mental health problems. These skills should help to maintain the clients integrity as described by Irurita.
• Clinical Objectives: set and achieve three clinical objectives related to the objectives of this course;
• observe and participate in therapeutic group situations;
• plan appropriate nursing interventions for clients suffering with a mental illness. This plan should help the client maintain their integrity and reduce vulnerability, ie develop a care plan for a client;
• demonstrate a high level of communication skills when working with people with mental health problems; and
• demonstrate micro-counselling skills with people with mental health problems. These skills should help to maintain the client's integrity.

TOPICS

<table>
<thead>
<tr>
<th>Description</th>
<th>Weighting (%)</th>
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<tbody>
<tr>
<td>1. Consumer focus for service delivery</td>
<td>15.00</td>
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<tr>
<td>2. Mental health issues with special needs groups</td>
<td>35.00</td>
</tr>
<tr>
<td>3. Counselling skills - Community, and family as a client</td>
<td>20.00</td>
</tr>
<tr>
<td>4. Some common mental health problems - Nursing care of people with mental health problems</td>
<td>30.00</td>
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TEXT and MATERIALS required to be PURCHASED or ACCESSED:

Books can be ordered by fax or telephone. For costs and further details use the 'Book Search' facility at http://bookshop.usq.edu.au by entering the author or title of the text.


Faculty of Sciences 2003, Instructional Guide - Course MHN2020 Mental Health Nursing 1, USQ Publication, Toowoomba.

**REFERENCE MATERIALS**

Reference materials are materials that, if accessed by students, may improve their knowledge and understanding of the material in the course and enrich their learning experience.

Australian and New Zealand Journal of Mental Health Nursing.
Australian and New Zealand College of Mental Health Nurses 1995, *Standards of Practice for Mental Health Nursing in Australia* (revised), ANZCMHN, Greenacres.
Queensland Mental Health Branch 1996, *Mental Health Services for Older People*, Queensland Health, Brisbane.
Queensland Mental Health Branch 1996, *Queensland Mental Health Policy Statement Aboriginal and Torres Strait Islander People*, Queensland Health, Brisbane.


### STUDENT WORKLOAD REQUIREMENTS

<table>
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<tr>
<th>ACTIVITY</th>
<th>HOURS</th>
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<tbody>
<tr>
<td>Clinical Experience</td>
<td>80</td>
</tr>
<tr>
<td>Examinations</td>
<td>2</td>
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<tr>
<td>Private Study</td>
<td>50</td>
</tr>
<tr>
<td>Tutorial</td>
<td>33</td>
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### ASSESSMENT DETAILS

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<tr>
<th>Description</th>
<th>Marks Out of</th>
<th>Wtg(%)</th>
<th>Required</th>
<th>Due Date</th>
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<tbody>
<tr>
<td>CLINICAL PREPARATION</td>
<td>1.00</td>
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<td>Y</td>
<td>14 Apr 2003</td>
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<tr>
<td>ESSAY</td>
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<td>40.00</td>
<td>Y</td>
<td>23 May 2003</td>
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<td>CLINICAL EXPERIENCE</td>
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<td>0.00</td>
<td>Y</td>
<td>04 Jul 2003</td>
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<tr>
<td>2HR RESTRICTED EXAM - PART A</td>
<td>30.00</td>
<td>40.00</td>
<td>Y</td>
<td>END S1</td>
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<tr>
<td>2HR RESTRICTED EXAM - PART B</td>
<td>30.00</td>
<td>20.00</td>
<td>Y</td>
<td>END S1</td>
</tr>
</tbody>
</table>

**NOTES:**

- Please refer to the course examiner for further information on the due date for this assessment item.
- Examination dates will be available during the semester. Please refer to the examination timetable when published. This is Part A of a 2 hour examination.
- Examination dates will be available during the semester. Please refer to the examination timetable when published. This is Part B of a 2 hour examination.

### IMPORTANT ASSESSMENT INFORMATION

1. **Attendance requirements:**
   
   It is the students' responsibility to attend and participate appropriately in all activities (such as lectures, tutorials, laboratories and practical work) scheduled for them.
and to study all material provided to them or required to be accessed by them to maximise their chance of meeting the objectives of the course and to be informed of course-related activities and administration.

2 Requirements for students to complete each assessment item satisfactorily:
   To complete each of the assessment items satisfactorily, students must obtain at least 50% of the marks available for each assessment item.

3 Penalties for late submission of required work:
   If students submit assignments after the due date without prior approval then a penalty of 20% of the total marks available for the assignment will apply for each working day late.

4 Requirements for student to be awarded a passing grade in the course:
   To be assured of a pass in this course, students must: (i) demonstrate interpersonal communication skills for clinical preparation by passing an oral test (students must gain the 1 mark for this assessment); (ii) complete 80 hours of supervised clinical experience as organised by the Nursing Department and satisfactorily complete the performance evaluation profile (students must gain the 1 mark for this assessment); (iii) obtain an overall mark of at least 50%; and (iv) submit all pieces of assessment and gain at least 50% of the marks available in each assessment item.

5 Method used to combine assessment results to attain final grade:
   The final grades for students will be assigned on the basis of the weighted aggregate of the marks obtained for each of the summative assessment items in the course.

6 Examination information:
   In a Restricted Examination, candidates are allowed access to specific materials during the examination. The only materials that candidates may use in the restricted examination for this course are: writing materials (non-electronic and free from material which could give the student an unfair advantage in the examination); calculators which cannot hold textual information (students must indicate on their examination paper the make and model of any calculator(s) they use during the examination, with the Examiner's approval, candidates may, take an appropriate non-electronic translation dictionary into the examination. This will be subject to perusal and, if it is found to contain annotations or markings that could give the candidate an unfair advantage, it may be removed from the candidate's possession until the appropriate disciplinary action is completed.

7 Examination period when Deferred/Supplementary examinations will be held:
   Students who obtain an overall passing mark, but who do not perform satisfactorily in an examination, may, at the discretion of the examiner, be granted a supplementary examination. Students will be granted a deferred examination only if they gain at least 50% of the marks available for each of the other assessment items. Any supplementary or deferred examinations for this course will be held during the following semester 2 examination period.

8 University Regulations:
   Students should read USQ Regulations 5.1 Definitions, 5.6. Assessment, and 5.10 Academic Misconduct for further information and to avoid actions which might contravene University Regulations. These regulations can be found at the URL http://www.usq.edu.au/SECARIAT/calendar/Part5/ or in the printed version of the current USQ Handbook.
ASSESSMENT NOTES

9 The due date for an assignment is the date by which a student must despatch the assignment to the USQ. The onus is on the student to provide proof of the despatch date, if requested by the Examiner.

10 Students must retain a copy of each item submitted for assessment. This must be produced within five days if required by the Examiner.

11 The examiner may grant an extension of the due date of an assignment in extenuating circumstances.