The University of Southern Queensland

Course Specification

Description: Advanced Mental Health Nursing 1

<table>
<thead>
<tr>
<th>Subject</th>
<th>Cat-Nbr</th>
<th>Class</th>
<th>Term</th>
<th>Mode</th>
<th>Units</th>
<th>Campus</th>
</tr>
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<tr>
<td>MHN</td>
<td>5120</td>
<td>20471</td>
<td>1, 2003</td>
<td>EXT</td>
<td>1.00</td>
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Academic Group: FOSCI
Academic Org: FOS004
HECS Band: 1
ASCED Code: 060305

STAFFING
Examiner: Don Gorman
Moderator: Christine Neville

RATIONALE
Mental health nurses need to understand the theoretical basis for their practice and be able to relate this understanding to clients from a range of cultural and linguistic backgrounds. As well, mental health nurses need to be able to communicate with their colleagues in the multi/inter disciplinary teams. Diagnostic Statistical Manual (DSM) is the model of classification taught in this course as it is widely used in mental health services.

SYNOPSIS
This course has two modules. The first will introduce students to complementary theoretical perspectives used in mental health nursing including Peplau's theory of interpersonal relationships, the behaviourist perspective, the cognitive approach, the psychoanalytic perspective, the humanist perspective and spirituality and mental health. Students will be encouraged to apply these theories directly to practice. The second module of this course will relate these theories to mental health nurses' understanding of mental illnesses including the psychoses, mood disorders, anxiety, personality disorders, substance related disorders and organic disorders. Students will have the opportunity to enhance their learning with clinical practise working with people with mental illnesses.

OBJECTIVES
On successful completion of this course students will be able to:

- use the ANZCMHN Standards of Practice for Mental Health Nursing in Australia as a framework for their clinical practice;
- use Peplau's theory of interpersonal relationships as the basis for establishing partnerships with clients as the working basis for a therapeutic relationship;
- be able to use a range of theoretical frameworks including the behaviourists perspective, cognitive approaches, psychoanalytic perspective and the humanist;
- use the DSM model of classification of mental illness in clinical practice;
- compare the international Classification of Diseases (ICD) and DSM models of classification;
- assess and care for a person experiencing a mental illness including the psychoses, mood disorders, anxiety, personality disorders, substance related disorders;
- promote culturally and linguistically appropriate care using specific mental health nursing strategies in the least restrictive environment with clients from across the lifespan;
- demonstrate satisfactory completion of 80 hours of clinical experience as partial fulfilment of QNC requirements.

### TOPICS

<table>
<thead>
<tr>
<th>Description</th>
<th>Weighting (%)</th>
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</thead>
<tbody>
<tr>
<td>1. Theoretical Perspectives: Peplau's theory of interpersonal relationships &amp; the therapeutic relationship, Psychoanalytic theory, Behaviourist, Cognitive theory, Humanism, ANZCMHN Standards of Practice for Mental Health Nursing in Australia.</td>
<td>50.00</td>
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<tr>
<td>2. Mental Illness, Nursing's Perspective, ICD 10, DSMIV, DSMIV axes, Schizophrenia, Other psychotic disorders, Mood disorders, Anxiety disorders, Dissociative disorders, Disorders due to a general medical condition, Eating disorders, Substance related disorders.</td>
<td>50.00</td>
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### TEXT and MATERIALS required to be PURCHASED or ACCESSED:

Books can be ordered by fax or telephone. For costs and further details use the 'Book Search' facility at http://bookshop.usq.edu.au by entering the author or title of the text.

**Australian and New Zealand College of Mental Health Nurses 1995, Standards of Practice for Mental Health Nursing in Australia, ANZCMHN, Greenacres.**


### REFERENCE MATERIALS

Reference materials are materials that, if accessed by students, may improve their knowledge and understanding of the material in the course and enrich their learning experience.

STUDENT WORKLOAD REQUIREMENTS

<table>
<thead>
<tr>
<th>ACTIVITY</th>
<th>HOURS</th>
</tr>
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<tbody>
<tr>
<td>Clinical Experience</td>
<td>80</td>
</tr>
<tr>
<td>Directed Study</td>
<td>56</td>
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<tr>
<td>Private Study</td>
<td>104</td>
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ASSESSMENT DETAILS

<table>
<thead>
<tr>
<th>Description</th>
<th>Marks Out of</th>
<th>Wtg(%)</th>
<th>Required</th>
<th>Due Date</th>
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<tr>
<td>ESSAY THEORETICAL PERSP IN MHN</td>
<td>60.00</td>
<td>60.00</td>
<td>Y</td>
<td>28 Apr 2003</td>
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<tr>
<td>ESSAY CASE STUDY OF A CLIENT</td>
<td>40.00</td>
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<td>30 May 2003</td>
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<td>CLINICAL EXPERIENCE</td>
<td>1.00</td>
<td>0.00</td>
<td>Y</td>
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</tr>
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</table>

IMPORTANT ASSESSMENT INFORMATION

1 Attendance requirements:
   There are no attendance requirements for this course. However, it is the students' responsibility to study all material provided to them or required to be accessed by them to maximise their chance of meeting the objectives of the course and to be informed of course-related activities and administration.

2 Requirements for students to complete each assessment item satisfactorily:
   To complete each of the assignments satisfactorily, students must obtain at least 50% of the marks available for each assignment. To complete the Clinical Experience satisfactorily, students must complete 80 hours of Clinical Experience as organized by the Nursing Department and obtain a satisfactory standard on the performance evaluation profile thus gaining the 1 mark for Clinical Experience.

3 Penalties for late submission of required work:
If students submit assignments after the due date without prior approval then a penalty of 20% of the total marks gained by the student for the assignment will apply for each working day late.

4 Requirements for student to be awarded a passing grade in the course:
   To be assured of a passing grade, students must demonstrate, via the summative assessment items, that they have achieved the required minimum standards in relation to the objectives of the course by satisfactorily completing all summative assessment items (the examination and assignments).

5 Method used to combine assessment results to attain final grade:
   The final grades for students will be assigned on the basis of the weighted aggregate of the marks obtained for each of the summative assessment items in the course.

6 Examination information:
   There is no examination in this course.

7 Examination period when Deferred/Supplementary examinations will be held:
   There will be no Deferred or Supplementary examinations in this course.

8 University Regulations:
   Students should read USQ Regulations 5.1 Definitions, 5.6. Assessment, and 5.10 Academic Misconduct for further information and to avoid actions which might contravene University Regulations. These regulations can be found at the URL http://www.usq.edu.au/SECARIAT/calendar/Part5/ or in the printed version of the current USQ Handbook.

ASSESSMENT NOTES

9 The due date for an assignment is the date by which a student must despatch the assignment to the USQ. The onus is on the student to provide proof of the despatch date, if requested by the Examiner.

10 Students must retain a copy of each item submitted for assessment. This must be produced within five days if required by the Examiner.

11 The examiner may grant an extension of the due date of an assignment in extenuating circumstances.

12 The Faculty will normally only accept assessments that have been written, typed or printed on paper-based media.