The University of Southern Queensland

Course Specification

Description: Adv Mental Health Nursing 2

<table>
<thead>
<tr>
<th>Subject</th>
<th>Cat-Nbr</th>
<th>Class</th>
<th>Term</th>
<th>Mode</th>
<th>Units</th>
<th>Campus</th>
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<tr>
<td>MHN</td>
<td>5160</td>
<td>20472</td>
<td>1, 2003</td>
<td>EXT</td>
<td>1.00</td>
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Academic Group: FOSCI
Academic Org: FOS004
HECS Band: 1
ASCED Code: 060305

STAFFING
Examiner: Don Gorman
Moderator: Christine Neville

PRE-REQUISITES
Pre-requisite: MHN5120

RATIONALE
As nurses work in interdisciplinary and multidisciplinary teams it is important they have a good grounding in the accepted nomenclature as well as an understanding of its limitations. Specialist mental health nurses need a thorough understanding of current approaches to mental health care including different service models, as well as emerging trends in care. These nurses also need to recognise that there is a cultural basis to the interpretation of behaviour and that conventional psychiatry may have limitations for people with non-English speaking backgrounds.

SYNOPSIS
This course builds on the learning about theoretical perspectives and the ANZCMHN Standards of Practice for Mental Health Nursing in Australia in 67412. The nurses' understanding of mental illness and the conventional psychological interventions, physical treatments and psychopharmacology as well as current issues, such as, mainstreaming and integration will be explored. They will be enabled to critically evaluate alternative, holistic and empowering approaches to the care of clients from across the lifespan in a range of settings including community, rehabilitation, acute inpatient and specialty areas, with an emphasis on inter-cultural care. Students will have the opportunity to apply knowledge and develop the related skills and attitudes appropriate when working with a person with a mental illness utilising the theoretical perspectives and standards of practice covered in 67412.
OBJECTIVES

On successful completion of this course students will be able to:

- contribute to the provision of mental health services identified in the government strategic directions;
- assess and care for a person experiencing a mental illness including dissociative disorders, organic disorders and eating disorders;
- apply knowledge of the special needs of young people with mental health problems;
- apply knowledge of the special needs of the elderly with mental health problems;
- apply knowledge of rehabilitation of people with mental health problems;
- apply knowledge of psychotropic medications including their uses, side effects and the nurses' responsibility;
- demonstrate skill in creation of culturally relevant interventions to promote and maintain mental health of diverse cultural groups, families, individuals and communities;
- apply knowledge of current issues in mental health to their practice;
- facilitate client centred collaboration between institutional and community services;
- demonstrate satisfactory completion of 80 hours of clinical experience as partial fulfilment of QNC requirements.

TOPICS

<table>
<thead>
<tr>
<th>Description</th>
<th>Weighting (%)</th>
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</thead>
<tbody>
<tr>
<td>1. Mental illness and nursing care including assessment and discharge plan - Child and Adolescent Mental Health Nursing - Mental Health Nursing with Elderly Client - Forensic Mental Health Nursing</td>
<td>25.00</td>
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<tr>
<td>2. Mental Health Service: - Government policy - Service models - Non-government organisations - Consumer participation</td>
<td>45.00</td>
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<tr>
<td>3. Cross-cultural Mental Health Nursing - Culture - Culture and mental health/illness - Working with people from different cultural backgrounds - Working with interpreters</td>
<td>30.00</td>
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TEXT and MATERIALS required to be PURCHASED or ACCESSED:

Books can be ordered by fax or telephone. For costs and further details use the 'Book Search' facility at http://bookshop.usq.edu.au by entering the author or title of the text.

Barker, P. 1997, Assessment in Psychiatric and Mental Health Nursing: In search of the whole person, Stanley Thornes, Cheltenham.


REFERENCE MATERIALS

Reference materials are materials that, if accessed by students, may improve their knowledge and understanding of the material in the course and enrich their learning experience.


Queensland Health 1997, *Managing Cultural Diversity in Mental Health: Train-the Trainer Package for the Delivery of In-Service Training to Mental Health Professionals*, Queensland Health, Brisbane.


**STUDENT WORKLOAD REQUIREMENTS**

<table>
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<tr>
<th>ACTIVITY</th>
<th>HOURS</th>
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<tbody>
<tr>
<td>Clinical Experience</td>
<td>80</td>
</tr>
<tr>
<td>Directed Study</td>
<td>56</td>
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<tr>
<td>Private Study</td>
<td>104</td>
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**ASSESSMENT DETAILS**

<table>
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<tr>
<th>Description</th>
<th>Marks Out of</th>
<th>Wgt(%)</th>
<th>Required</th>
<th>Due Date</th>
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<tr>
<td>3000 WORD ASSIGNMENT 1</td>
<td>60.00</td>
<td>60.00</td>
<td>Y</td>
<td>23 May 2003</td>
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<tr>
<td>2000 WORD ASSIGNMENT 2</td>
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<td>40.00</td>
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<td>20 Jun 2003</td>
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<td>CLINICAL EXPERIENCE</td>
<td>1.00</td>
<td>0.00</td>
<td>Y</td>
<td>04 Jul 2003</td>
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**IMPORTANT ASSESSMENT INFORMATION**

1. Attendance requirements:
   There are no attendance requirements for this course. However, it is the students' responsibility to study all material provided to them or required to be accessed by them to maximise their chance of meeting the objectives of the course and to be informed of course-related activities and administration.
2 Requirements for students to complete each assessment item satisfactorily:
   To complete each of the assignments satisfactorily, students must obtain at least
   50% of the marks available for each assignment. To complete the Clinical
   Experience satisfactorily, students must complete 80 hours of Clinical Experience
   as organized by the Nursing Department and obtain a satisfactory standard on the
   performance evaluation profile thus gaining the 1 mark for Clinical Experience.

3 Penalties for late submission of required work:
   If students submit assignments after the due date without prior approval then a
   penalty of 20% of the total marks gained by the student for the assignment will
   apply for each working day late.

4 Requirements for student to be awarded a passing grade in the course:
   To be assured of a passing grade, students must demonstrate, via the assessment
   items, that they have achieved the required minimum standards in relation to the
   objectives of the course by satisfactorily completing all assessment items.

5 Method used to combine assessment results to attain final grade:
   The final grades for students will be assigned on the basis of the weighted aggregate
   of the marks obtained for each of the summative assessment items in the course.

6 Examination information:
   There is no examination in this course.

7 Examination period when Deferred/Supplementary examinations will be held:
   There will be no Deferred or Supplementary examinations in this course.

8 University Regulations:
   Students should read USQ Regulations 5.1 Definitions, 5.6. Assessment, and 5.10
   Academic Misconduct for further information and to avoid actions which might
   contravene University Regulations. These regulations can be found at the URL
   http://www.usq.edu.au/SECARIAT/calendar/Part5/ or in the printed version of the
   current USQ Handbook.

ASSESSMENT NOTES

9 The due date for an assignment is the date by which a student must despatch the
   assignment to the USQ. The onus is on the student to provide proof of the despatch
   date, if requested by the Examiner.

10 Students must retain a copy of each item submitted for assessment. This must be
    produced within five days if required by the Examiner.

11 The examiner may grant an extension of the due date of an assignment in
    extenuating circumstances.

12 The Faculty will normally only accept assessments that have been written, typed
    or printed on paper-based media.