Description: Gerontics and Cross-Cultural Issues

<table>
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<tr>
<th>Subject</th>
<th>Cat-Nbr</th>
<th>Class</th>
<th>Term</th>
<th>Mode</th>
<th>Units</th>
<th>Campus</th>
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<td>NUR</td>
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<td>20469</td>
<td>1, 2003</td>
<td>ONC</td>
<td>1.00</td>
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Academic Group: FOSCI
Academic Org: FOS004
HECS Band: 1
ASCED Code: 060301

STAFFING
Examiner: Christine Neville
Moderator: Don Gorman

RATIONALE
This course has a dual focus on gerontic and cultural issues. It will explore the role of the professional nurse in increasing an individual's integrity, thus reducing vulnerability to the ageing process. The proportion of older people in our communities is increasing to the extent that it is likely that health care professionals of the future will be working predominantly with this group of people. This course will also focus on the legitimacy of non-Anglo and Non-European approaches to health care and of the need and obligation of health systems to provide for a greater diversity of approaches.

SYNOPSIS
This course addresses Gerontic and Cross-Cultural Issues in the Australian Health Care System. Module 1 - The course explores the Australian colonial history, the experience of migration and the effects these processes have on the health and illness of migrant people. It also examines how colonisation and related issues have impacted on the access and utilisation patterns of health services by migrant populations. In taking a cross-cultural perspective this course examines the health issues of migrant populations, and in particular those from non-English speaking background (NESB) and the impact these issues have on nursing as a disciple and profession. Module 2 - As the presence of older adults in diverse health care settings continues to increase, this course will address the crucial need in such settings for nurses with gerontic nursing knowledge. The course explores normal aging, unique presentation and management of geriatric health problems, psychological challenges, socio-economic issues, unique risks to health and wellbeing, and available resources. By possessing gerontic nursing knowledge and skills, nurses can promote efficient, effective and appropriate health care services to older adults in a variety of settings.
**OBJECTIVES**

On successful completion of this course students will be able to:

- discuss the population trends in Australia and the implications for future social planning;
- critically analyse the Australian colonial history, the experience of migration and the effects these processes have on the health and illness of migrant people;
- examine the concept of culture and discuss how values, beliefs, norms, and life-ways of particular people guide their thinking, decisions and actions in health and illness;
- discuss their own cultural beliefs, values and behaviours that can affect nursing and health care if not acknowledged and accounted for when caring for a patient/client from another culture;
- explore the role of participatory decision making in meeting the unique health care needs of people in non Anglo-Celtic communities;
- examine the role of traditional healing practices and alternative interventions in delivering culturally sensitive and culturally appropriate care;
- critically discuss the concept of cultural safety and its impact on clinical practice;
- propose strategies to enable the nurse to develop interpersonal competence and sensitivity when caring for a patient/client from another culture; and
- propose forward strategies for achieving cultural safety to enhance the delivery of health care through culturally safe nursing practices.
- examine the contextual framework for aged health care delivery in Australia;
- determine aged specific care interventions based on concepts from growth and development theory;
- determine the biopsychosocial and spiritual alterations experienced by the ageing individual; and
- develop practices that promote healthy ageing for individuals in community and residential environments.

**TOPICS**

<table>
<thead>
<tr>
<th>Description</th>
<th>Weighting (%)</th>
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<tbody>
<tr>
<td>1. Module 1: Australian colonial history and the experience of migration and their effects on the health and illness of migrant people.</td>
<td>10.00</td>
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<tr>
<td>2. Knowledge of culture, how values, beliefs, norms, and life-ways of particular people guide their thinking, decisions.</td>
<td>10.00</td>
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<td>3. Exploring health issues/needs of non-Anglo-Celtic communities in Australia and determining ways to meet these needs.</td>
<td>15.00</td>
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<td>4. Theories of transcultural nursing, and cultural safety.</td>
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<td>5. Module 2 : Aged care policies; current global and national population ageing trends.</td>
<td>5.00</td>
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<td>6. Healthy/successful ageing processes: principles of gerontology, theories of ageing, ageing in place - environment, psychological, social, biological &amp; spiritual integrity.</td>
<td>15.00</td>
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7. Exploring health issues/needs of older people in Australia and determine ways to meet these needs. 25.00
8. Innovative and future direction in aged health care needs. 5.00

**TEXT and MATERIALS required to be PURCHASED or ACCESSED:**

Books can be ordered by fax or telephone. For costs and further details use the 'Book Search' facility at http://bookshop.usq.edu.au by entering the author or title of the text.

Instructional Guide 2003, *Course NUR3040 Gerontics & Cross Cultural Nursing*, USQ Distance Education Centre, Toowoomba.


**REFERENCE MATERIALS**

Reference materials are materials that, if accessed by students, may improve their knowledge and understanding of the material in the course and enrich their learning experience.


STUDENT WORKLOAD REQUIREMENTS

<table>
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<tr>
<th>ACTIVITY</th>
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<tr>
<td>Directed Study</td>
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<tr>
<td>Examinations</td>
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<tr>
<td>Lectures</td>
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<td>Tutorial</td>
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ASSESSMENT DETAILS

<table>
<thead>
<tr>
<th>Description</th>
<th>Marks Out of</th>
<th>Wtg(%)</th>
<th>Required</th>
<th>Due Date</th>
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<tr>
<td>ASSIGNMENT</td>
<td>50.00</td>
<td>50.00</td>
<td>Y</td>
<td>19 May 2003</td>
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<tr>
<td>1HR PART A - RESTRICTED EXAM</td>
<td>50.00</td>
<td>25.00</td>
<td>Y</td>
<td>END S1</td>
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<tr>
<td>1HR PART B - RESTRICTED EXAM</td>
<td>50.00</td>
<td>25.00</td>
<td>Y</td>
<td>END S1</td>
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NOTES:

. Part A M/Choice. Examination dates will be available during the semester. Please refer to the examination timetable when published. This is Part A of a 2 hour examination.
. Part B Short Answers. Examination dates will be available during the semester. Please refer to the examination timetable when published. This is Part B of a 2 hour examination.

IMPORTANT ASSESSMENT INFORMATION

1 Attendance requirements:
   It is the students' responsibility to attend and participate appropriately in all activities (such as lectures, tutorials, laboratories and practical work) scheduled for them,
and to study all material provided to them or required to be accessed by them to maximise their chance of meeting the objectives of the course and to be informed of course-related activities and administration.

2 Requirements for students to complete each assessment item satisfactorily:
   To complete each of the assessment items satisfactorily, students must obtain at least 50% of the marks available for each assessment item.

3 Penalties for late submission of required work:
   If students submit assignments after the due date without prior approval then a penalty of 20% of the total marks gained by the student for the assignment will apply for each working day late.

4 Requirements for student to be awarded a passing grade in the course:
   To be assured of a passing grade, students must demonstrate, via the summative assessment items, that they have achieved the required minimum standards in relation to the objectives of the course by satisfactorily completing all summative assessment items (the examination and assignments).

5 Method used to combine assessment results to attain final grade:
   The final grades for students will be assigned on the basis of the weighted aggregate of the marks obtained for each of the summative assessment items in the course.

6 Examination information:
   In a Restricted Examination, candidates are allowed access to specific materials during the examination. The only materials that candidates may use in the restricted examination for this course are: writing materials (non-electronic and free from material which could give the student an unfair advantage in the examination); calculators which cannot hold textual information (students must indicate on their examination paper the make and model of any calculator(s) they use during the examination; English translation dictionaries (but not technical dictionaries); Formula sheets; Translation dictionary. Students whose first language is not English, may, with the Examiner's approval, take an appropriate non-electronic translation dictionary into the examination. Students who wish to use a translation dictionary MUST request and receive written approval from the Examiner at least one week before the examination date. Translation dictionaries will be subject to perusal and may be removed from the candidate's possession until appropriate disciplinary action is completed if found to contain material that could give the candidate an unfair advantage; Translation dictionary. With the Examiner's approval, candidates may, take an appropriate non-electronic translation dictionary into the examination. This will be subject to perusal and, if it is found to contain annotations or markings that could give the candidate an unfair advantage, it may be removed from the candidate's possession until the appropriate disciplinary action is completed.

7 Examination period when Deferred/Supplementary examinations will be held:
   Any Deferred examinations for this course will be held during the next examination period.

8 University Regulations:
   Students should read USQ Regulations 5.1 Definitions, 5.6. Assessment, and 5.10 Academic Misconduct for further information and to avoid actions which might contravene University Regulations. These regulations can be found at the URL

ASSESSMENT NOTES

9 The due date for an assignment is the date by which a student must despatch the assignment to the USQ. The onus is on the student to provide proof of the despatch date, if requested by the Examiner.

10 Students must retain a copy of each item submitted for assessment. This must be produced within 24 hours if required by the Examiner.