Description: Mental Health Nursing 1

<table>
<thead>
<tr>
<th>Subject</th>
<th>Cat-nbr</th>
<th>Class</th>
<th>Term</th>
<th>Mode</th>
<th>Units</th>
<th>Campus</th>
</tr>
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<tr>
<td>MHN</td>
<td>2020</td>
<td>35072</td>
<td>2, 2004</td>
<td>ONC</td>
<td>1.00</td>
<td>WIBAY</td>
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Academic group: FOSCI
Academic org: FOS004
Student contribution band: 1
ASCED code: 060305

STAFFING
Examiner: Sarah Chong
Moderator: Christine Neville

REQUISITES
Pre-requisite: NUR2020

OTHER-REQUISITES
Recommended prior study: NUR2070 and NUR1090

RATIONALE
Mental health nursing is a specialised field that focuses on meeting the mental health needs of the community. The context of mental health nursing is broad and includes working with people with a diagnosed mental illness, people suffering emotional distress as a result of stress or a trauma, the families and loved ones of these people as well as the community in which they live. No matter what their specialist area of practice nurses work with people with mental health problems, therefore they need to have the appropriate skills and attitudes to assist their clients to deal with emotional health issues. Mental Health Nursing 1 and 2 aim to equip the nurse with the skills necessary to help individuals and their families with mental health problems.

SYNOPSIS
This course is concerned with the nursing care of people who are affected by mental health problems. The focus will be on people who are consumers of mental health services, the skills developed in this course will be useful for nurses working in other specialist areas of nursing. Nursing roles and nursing responsibilities associated with state legislation, the changes in the delivery of mental health services and ethical issues are explored. This course will also build on the skills developed in Psychosocial Foundations of Nursing 1 and 2 so
that students develop their interpersonal communication skills, and practice these skills, in a mental health setting. This course helps the students address some of the prejudices the community (and also possibly the students themselves) may hold in relation to people with a mental illness.

OBJECTIVES
On completion of this course students will be able to:

1. demonstrate an understanding of the history of how society has treated people with a mental illness;
2. discuss the public policy that is driving the trends in mental health care and the future directions of that care. The trends include deinstitutionalisation and consumer participation in mental health services;
3. demonstrate an understanding of and apply models of psychotherapeutic nursing intervention. The models include: the medical model and DSM IV, Peplau's, psychodynamic, cognitive, behavioural, developmental, humanistic and family/systems;
4. demonstrate an understanding of the role of the nurse helping a person with specific mental health problems to reduce vulnerability and maintain integrity, consistent with Irurita's model;
5. demonstrate an understanding of the importance of cultural differences in the delivery of mental health care;
6. explain the Mental Health Act and associated nursing responsibilities;
7. discuss the ethics involved in working with a person with mental health problems;
8. set and achieve three clinical objectives related to the objectives of this course;
9. demonstrate satisfactory completion of 80 hours of clinical experience as partial fulfilment of QNC requirements;
10. recognise own ability and level of professional competence consistent with Irurita's model;
11. in a clinical mental health setting, determine and justify sound independent clinical judgements that support the integrity and limit the vulnerability of consumers, consistent with Irurita's model; and
12. in a clinical mental health setting, utilise effective communication strategies and the therapeutic nurse/patient relationship to provide a nurturing, safe, wellness, oriented environment for your clients.

TOPICS

<table>
<thead>
<tr>
<th>Description</th>
<th>Weighting (%)</th>
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<tbody>
<tr>
<td>1. Past, current and future trends in mental health care</td>
<td>15.00</td>
</tr>
<tr>
<td>2. Models of care; DSM IV; Mental status assessment.</td>
<td>15.00</td>
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<tr>
<td>3. Some common mental health problems; Nursing care of people with mental health problems.</td>
<td>50.00</td>
</tr>
<tr>
<td>4. Communication with someone who is depressed, elated, confused, hallucinating.</td>
<td>20.00</td>
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TEXT and MATERIALS required to be PURCHASED or ACCESSED:

ALL textbooks and materials are available for purchase from USQ BOOKSHOP (unless otherwise stated). Orders may be placed via secure internet, free fax 1800642453, phone 07 46312742 (within Australia), or mail. Overseas students should fax +61 7 46311743, or phone +61 7 46312742. For costs, further details, and internet ordering, use the 'Textbook Search' facility at http://bookshop.usq.edu.au click 'Semester', then enter your 'Course Code' (no spaces).

Frisch, NC & Frisch, LE 2002, Psychiatric Mental Health Nursing: understanding the client as well as the condition, 2nd edn, Delmar, Albany.


REFERENCE MATERIALS:

Reference materials are materials that, if accessed by students, may improve their knowledge and understanding of the material in the course and enrich their learning experience.


Media Services Unit 1993, Communication in Mental Health Care, Distance Education Centre USQ, Toowoomba.

(Video)


STUDENT WORKLOAD REQUIREMENTS:

<table>
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<tr>
<th>ACTIVITY</th>
<th>HOURS</th>
</tr>
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<tbody>
<tr>
<td>Clinical Experience</td>
<td>80.00</td>
</tr>
<tr>
<td>Examinations</td>
<td>2.00</td>
</tr>
<tr>
<td>Lectures</td>
<td>24.00</td>
</tr>
<tr>
<td>Private Study</td>
<td>40.00</td>
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<tr>
<td>Tutorial</td>
<td>24.00</td>
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ASSESSMENT DETAILS

<table>
<thead>
<tr>
<th>Description</th>
<th>Marks out of</th>
<th>Wtg(%)</th>
<th>Due date</th>
</tr>
</thead>
<tbody>
<tr>
<td>CLINICAL EXPERIENCE</td>
<td>1.00</td>
<td>0.00</td>
<td>20 Jul 2004</td>
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<tr>
<td>WRITTEN ASSIGNMENT</td>
<td>100.00</td>
<td>30.00</td>
<td>10 Sep 2004</td>
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<tr>
<td>PT A OF A 3HR CLOSED EXAM M/C</td>
<td>30.00</td>
<td>30.00</td>
<td>END S2</td>
</tr>
<tr>
<td>PT B OF A 3 HR CLOSED EXAM S/A</td>
<td>40.00</td>
<td>40.00</td>
<td>END S2</td>
</tr>
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NOTES:
1. Refer to Examiner for information about due dates for Clinical Experience.
2. Examination dates will be available during the semester. Please refer to the examination timetable when published.

IMPORTANT ASSESSMENT INFORMATION

1. Attendance requirements:
   It is the students' responsibility to attend and participate appropriately in all activities (such as lectures, tutorials, laboratories and practical work) scheduled for them, and to study all material provided to them or required to be accessed by them to maximise their chance of meeting the objectives of the course and to be informed of course-related activities and administration. Students must complete 80 hours of clinical experience as partial fulfillment of Queensland Nursing Council requirements for registration. To ensure that students can satisfy the objectives of the clinical component of the course, they must attend, and actively participate in the tutorials and laboratory sessions in this course prior to undertaking Clinical Experience.

2. Requirements for students to complete each assessment item satisfactorily:
   To complete each of the assessment items satisfactorily, students must obtain at least 50% of the marks available for each item. To complete the Clinical Experience
satisfactorily, students must complete 80 hours of Clinical Experience as organized by the Nursing Department and obtain a satisfactory standard on the performance evaluation profile thus gaining the 1 mark for Clinical Experience.

3 Penalties for late submission of required work:
If students submit assignments after the due date without prior approval then a penalty of 5% of the total marks available for the assignment will apply for each day late.

4 Requirements for student to be awarded a passing grade in the course:
To be assured of receiving a passing grade a student must submit all of the assessment items and achieve at least 50% of the available marks for those items. Students who do not qualify for a Passing grade, may, at the discretion of the Examiner, be awarded a Supplementary Examination and/or assigned additional work to demonstrate to the Examiner that they have achieved the required standard. It is expected that such students will have gained at least 45% of the total marks available for all summative assessment items.

5 Method used to combine assessment results to attain final grade:
The final grades for students will be assigned on the basis of the aggregate of the weighted marks obtained for each of the summative assessment items in the course.

6 Examination information:
Candidates are allowed to bring only writing and drawing instruments into the closed examination. Students whose first language is not English, may, with the Examiner’s approval, take an appropriate non-electronic translation dictionary (but not technical dictionary) into the examination. Students who wish to use a translation dictionary MUST request and receive written approval from the Examiner at least one week before the examination date. Translation dictionaries will be subject to perusal and may be removed from the candidate's possession until appropriate disciplinary action is completed if found to contain material that could give the candidate an unfair advantage.

7 Examination period when Deferred/Supplementary examinations will be held:
Any Deferred or Supplementary examinations for this course will be held during the next examination period.

8 University Regulations:
Students should read USQ Regulations 5.1 Definitions, 5.6. Assessment, and 5.10 Academic Misconduct for further information and to avoid actions which might contravene University Regulations. These regulations can be found at the URL http://www.usq.edu.au/corporateservices/calendar/part5.htm or in the current USQ Handbook.

ASSESSMENT NOTES

9 The due date for an assignment is the date by which a student must despatch the assignment to the USQ. The onus is on the student to provide proof of the despatch date, if requested by the Examiner.

10 Students must retain a copy of each item submitted for assessment. If requested, students will be required to provide a copy of assignments submitted for assessment purposes. Such copies should be despatched to USQ within 24 hours of receipt of a request being made.
11 The examiner may grant an extension of the due date of an assignment in extenuating circumstances.

12 The Faculty will normally only accept assessments that have been written, typed or printed on paper-based media.

13 Students who have undertaken all of the required assessments in a course but who have failed to meet some of the specified objectives of a course within the normally prescribed time may be awarded the temporary grade: IM (Incomplete - Make up). An IM grade will only be awarded when, in the opinion of the examiner, a student will be able to achieve the remaining objectives of the course after a period of non directed personal study.

14 Students who, for medical, family/personal, or employment-related reasons, are unable to complete an assignment or to sit for an examination at the scheduled time may apply to defer an assessment in a course. Such a request must be accompanied by appropriate supporting documentation. One of the following temporary grades may be awarded IDS (Incomplete - Deferred Examination); IDM (Incomplete Deferred Make-up); IDB (Incomplete - Both Deferred Examination and Deferred Make-up).

OTHER REQUIREMENTS

1 Students of clinical courses need to be certain they have submitted the following documents to the Faculty Office to ensure they will be allowed to proceed to a clinical placement - Current CPR Certification, Completion of the Queensland Health Orientation and submission of the checklist, Hepatitis B titre declaration and Confidentiality Form.