Description: Advanced Individual Intervention

<table>
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<tr>
<th>Subject</th>
<th>Cat-nbr</th>
<th>Class</th>
<th>Term</th>
<th>Mode</th>
<th>Units</th>
<th>Campus</th>
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<td>8090</td>
<td>34489</td>
<td>2, 2004</td>
<td>ONC</td>
<td>1.00</td>
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Academic group: FOSCI
Academic org: FOS005
Student contribution band: 1
ASCED code: 090701

STAFFING
Examiner: Grace Pretty
Moderator: Paul Bramston

REQUISITES
Pre-requisite: PSY8050 and PSY8130

RATIONALE
The psychologist requires expertise in a variety of therapeutic methods to be able to treat effectively the broad range of health related problems found in general practice. This course builds on course PSY8050 in critically reviewing the skills of multimodal interventions and in developing students' competencies to provide flexible services to meet the particular needs of specific client groups.

SYNOPSIS
This course builds on principles and practices of supportive cognitive-behaviour therapy (CBT), combined with other therapeutic orientations that compliment CBT, to address psychological problems related to acute and chronic illness, and to assist with crisis management and the treatment of post traumatic stress disorder (PTSD). It provides students with opportunities to acquire skills from direct practice. Course material is presented through three two-day workshops and critiqued individual practice.

OBJECTIVES
On successful completion of this course students will be able to:

1. demonstrate the following competencies as identified in the APS Competencies for Psychologists (1996) and the document Competencies for the College of Health Psychologists:
2. design, implement and evaluate individual interventions based on a broad knowledge of literature and research regarding individual psychological interventions;

3. provide a competent, professional service to individuals experiencing health problems through: developing skills at a level of competence commensurate with their previous professional experience; acquiring knowledge of professional and ethical issues; critically analysing issues implicated in the use of intervention techniques with different clientele; appropriately applying cognitive-behavioural and other multimodal methods across a variety of clientele; recognising the need for and conducting crisis-oriented approaches and PTSD interventions; and promoting client self understanding and self-help skills;

4. demonstrate proficiency in professional communication and client/community relations through: writing and presenting reports of intervention plans and outcomes; assessing the ecological validity of proposed interventions; critically reviewing the efficacy of interventions for identified health problems.

TOPICS

<table>
<thead>
<tr>
<th>Description</th>
<th>Weighting (%)</th>
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<tbody>
<tr>
<td>1. Integrating experimental cognitive and emotive therapeutic approaches with CBT.</td>
<td>40.00</td>
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<tr>
<td>2. Family of origin issues evident in cognitive and emotive therapy</td>
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<td>3. Use of guided imagery.</td>
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<td>4. Treatment of PTSD.</td>
<td>15.00</td>
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<tr>
<td>5. Crisis intervention.</td>
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TEXT and MATERIALS required to be PURCHASED or ACCESSED:

ALL textbooks and materials are available for purchase from USQ BOOKSHOP (unless otherwise stated). Orders may be placed via secure internet, free fax 1800642453, phone 07 46312742 (within Australia), or mail. Overseas students should fax +61 7 46311743, or phone +61 7 46312742. For costs, further details, and internet ordering, use the 'Textbook Search' facility at http://bookshop.usq.edu.au click 'Semester', then enter your 'Course Code' (no spaces).

REFERENCE MATERIALS:

Reference materials are materials that, if accessed by students, may improve their knowledge and understanding of the material in the course and enrich their learning experience.


**STUDENT WORKLOAD REQUIREMENTS:**

<table>
<thead>
<tr>
<th>ACTIVITY</th>
<th>HOURS</th>
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<tbody>
<tr>
<td>Assessment</td>
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<tr>
<td>Examinations</td>
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<tr>
<td>Practical Experience</td>
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<td>Private Study</td>
<td>70.00</td>
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<td>Workshops</td>
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ASSESSMENT DETAILS

<table>
<thead>
<tr>
<th>Description</th>
<th>Marks out of</th>
<th>Wtg(%)</th>
<th>Due date</th>
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<tbody>
<tr>
<td>4 X 1HR PRACTICE INTV SESSION</td>
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<td>0.00</td>
<td>20 Jul 2004</td>
</tr>
<tr>
<td>INTERVENTION PROTOCOL</td>
<td>30.00</td>
<td>30.00</td>
<td>20 Jul 2004</td>
</tr>
<tr>
<td>45MIN VIDEO OF INTERV SESSION</td>
<td>1.00</td>
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<tr>
<td>INTERVENTION REPORT</td>
<td>35.00</td>
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<tr>
<td>2 HOUR IN-CLASS TEST</td>
<td>35.00</td>
<td>35.00</td>
<td>20 Jul 2004</td>
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<tr>
<td>ATTENDANCE AT 3 2-DAY WORKSHOP</td>
<td>1.00</td>
<td>0.00</td>
<td>20 Jul 2004</td>
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NOTES:
1. Refer to the Examiner for information about these due dates.
2. 2 Hour inclass closed examination.
3. Refer to the Examiner for information about these due dates.

IMPORTANT ASSESSMENT INFORMATION

1 Attendance requirements:
   It is the students' responsibility to participate actively in all workshops scheduled for them, and to study all material provided to them or required to be accessed by them to maximize their change of meeting the objectives of the course and to be informed of course-related activities and administration. Participation in On-campus Workshops. The intervention skills component of this course will be taught in three, two day workshops held on campus. During these workshops students will engage in practice of intervention techniques. Psychological aspects of a variety of physical health problems will be discussed. Attendance at the workshops is compulsory.

2 Requirements for students to complete each assessment item satisfactorily:
   To complete each of the assessment items satisfactorily, students must obtain at least 50% of the marks available for each assessment item.

3 Penalties for late submission of required work:
   Penalty for late submission is 2% of the marks per day late.

4 Requirements for student to be awarded a passing grade in the course:
   To be assured of a pass in this course, students must: (a) obtain an overall mark of at least 50%; and (b) obtain an overall mark of at least 50% in the assignments; and (c) conduct required practical sessions; and (d) attend all workshops. All items must be passed for a student to have a pass. Pass is ungraded.

5 Method used to combine assessment results to attain final grade:
   Final grades for students will be determined by the addition of the marks obtained in each assessment item, weighted as in the Assessment Details.

6 Examination information:
This will be an in-class two hour closed exam. It will consist of 2 short essay questions requiring students to consider aspects of a case study, suggest possible intervention strategies, and discuss relevant theoretical and research information concerning the psychological issues of intervening in the particular health problem.

Closed Examination: Candidates are allowed to bring only writing and drawing instruments into the closed examination.

7 Examination period when Deferred/Supplementary examinations will be held: Students will be granted a deferred examination only if they perform satisfactorily in all other assessment items. Any supplementary or deferred examinations for this course will be held before the end of the fourth week after the end of the examination period of the semester.

8 University Regulations: Students should read USQ Regulations 5.1 Definitions, 5.6. Assessment, and 5.10 Academic Misconduct for further information and to avoid actions which might contravene University Regulations. These regulations can be found at the URL http://www.usq.edu.au/corporateservices/calendar/part5.htm or in the current USQ Handbook.

ASSESSMENT NOTES

9 Each student will arrange to conduct a minimum of five one-hour practice intervention sessions with a volunteer client. The student will obtain from the volunteer the appropriate written permission for participation and videotaping.

10 Intervention Protocol. Each student will interview a ‘volunteer client’ regarding a particular health issue. The student will integrate information from this interview to propose an 8 week intervention program. Each of the 8 week sessions must be described in terms of objectives for the session, processes/techniques to be used. This protocol should be approximately 3,000 words.

11 One of the five practice intervention sessions is to be taped and a 45 minute video tape of the intervention session with client is to be submitted.

12 Each student will submit a written intervention report describing the therapeutic processes of each of the five sessions, the client’s responses and progress through each of the sessions and the student’s reflection on the experience of each of the sessions and the final outcome. This report should be approximately 5,000 words.

13 The due date for an assignment is the date by which a student must despatch the assignment to the USQ. The onus is on the student to provide proof of the despatch date, if requested by the Examiner.

14 Students must retain a copy of each item submitted for assessment. This must be produced within 48 hours if required by the Examiner.