Description: Sport and Exercise Psychology Practice

<table>
<thead>
<tr>
<th>Subject</th>
<th>Cat-nbr</th>
<th>Class</th>
<th>Term</th>
<th>Mode</th>
<th>Units</th>
<th>Campus</th>
</tr>
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<tbody>
<tr>
<td>PSY</td>
<td>8120</td>
<td>30466</td>
<td>1, 2004</td>
<td>ONC</td>
<td>1.00</td>
<td>TWMBB</td>
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Academic group: FOSCI
Academic org: FOS005
Student contribution band: 1
ASCED code: 090701

STAFFING

Examiner: Peter Terry
Moderator: Paul Bramston

REQUISITES

Pre-requisite: PSY8110

RATIONALE

Sport psychology consultancy involves the delivery of a wide range of services to clients (individuals, groups, and organisations) who live in a culturally diverse society. In this course the processes involved in the practice of sport psychology in a culturally diverse society will be examined.

SYNOPSIS

This course examines the range of psychological services a sport psychologist may be asked to perform, and how professionally prepared and culturally aware they are to meet these demands. Emphasis will be placed on examining target populations other than `mainstream elite athletes`. Students will be required to examine their personal biases, assumptions and professional boundaries in providing psychological services to clients (individuals, groups, and organisations) across different cultural dimensions, including ethnicity, gender, sexuality, age, mental and physical ability, religion, sporting role, and marital/family structure.

OBJECTIVES

On successful completion of this course students will be able to:

- recognise and defend their professional competencies in delivering psychological services to sporting clients (individuals, groups, and organisations) with cultural, ethnic, gender, sexual, age, mental and physical abilities, sporting roles, religion,
and marital/family structure practices or characteristics that are different from their own;

- recognise and defend their personal boundaries in delivering psychological services to sporting clients (individuals, groups, and organisations) with cultural, ethnic, gender, sexual, age, mental and physical abilities, sporting roles, religious, and marital/family practices and characteristics that are different from their own;

- describe and defend the important cross-cultural considerations influencing the planning, organisation, delivery, administration and evaluation of an applied sport psychology program to a ‘new target population’ of clients (individuals, groups, and organisations) with practices and characteristics that are different from their own;

**TOPICS**

<table>
<thead>
<tr>
<th>Description</th>
<th>Weighting (%)</th>
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<tbody>
<tr>
<td>1. Fundamentals of a sport and exercise psychology practice (registration,</td>
<td>33.00</td>
</tr>
<tr>
<td>professional associations, establishing a business, record keeping, ethics,</td>
<td></td>
</tr>
<tr>
<td>fees, career options)</td>
<td></td>
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<tr>
<td>2. Issues associated with different client groups (individuals, groups,</td>
<td>33.00</td>
</tr>
<tr>
<td>organisations, sport governing bodies, professional athletes, sport-specific</td>
<td></td>
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<tr>
<td>issues)</td>
<td></td>
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<tr>
<td>3. Cultural sensitivity (age, gender, ethnicity, disability, sexuality)</td>
<td>34.00</td>
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**TEXT and MATERIALS required to be PURCHASED or ACCESSED:**

ALL textbooks and materials are available for purchase from USQ BOOKSHOP (unless otherwise stated). Orders may be placed via secure internet, free fax 1800642453, phone 07 46312742 (within Australia), or mail. Overseas students should fax +61 7 46311743, or phone +61 7 46312742. For costs, further details, and internet ordering, use the 'Textbook Search' facility at http://bookshop.usq.edu.au click 'Semester', then enter your 'Course Code' (no spaces).

Andersen, MB 2000, *Doing Sport Psychology*, Human Kinetics, Champaign, IL.

Tenenbaum, G 2001, *The Practice of Sport Psychology*, Fitness Information Technology, Morgantown, WV.

**REFERENCE MATERIALS:**

Reference materials are materials that, if accessed by students, may improve their knowledge and understanding of the material in the course and enrich their learning experience.


DePauw, KP & Gavron, SJ 1995, *Disability and Sport*, Human Kinetics, Champaign, IL.


**STUDENT WORKLOAD REQUIREMENTS:**

<table>
<thead>
<tr>
<th>ACTIVITY</th>
<th>HOURS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assessment</td>
<td>20.00</td>
</tr>
<tr>
<td>Private Study</td>
<td>110.00</td>
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<td>Workshops</td>
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**ASSESSMENT DETAILS**

<table>
<thead>
<tr>
<th>Description</th>
<th>Marks out of</th>
<th>Wtg(%)</th>
<th>Due date</th>
</tr>
</thead>
<tbody>
<tr>
<td>WORKSHOP</td>
<td>1.00</td>
<td>0.00</td>
<td>02 Mar 2004 (see note 1)</td>
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<tr>
<td>PROFESSIONAL PRACTICE PROPOSAL</td>
<td>100.00</td>
<td>50.00</td>
<td>03 May 2004</td>
</tr>
<tr>
<td>ESSAY</td>
<td>100.00</td>
<td>50.00</td>
<td>07 Jun 2004</td>
</tr>
</tbody>
</table>

**NOTES:**


**IMPORTANT ASSESSMENT INFORMATION**

1. Attendance requirements:
It is the students' responsibility to attend and participate appropriately in all activities (such as lectures, tutorials, laboratories and practical work) scheduled for them, and to study all material provided to them or required to be accessed by them to maximise their chance of meeting the objectives of the course and to be informed of course-related activities and administration. Participation in On-campus Workshops. Components of this course will be taught in three, two-day compulsory workshops held on campus. If circumstances prevent a student from attending a workshop, the student must contact the examiner to arrange an alternative activity. This could be a written assignment based on the material covered in the missed workshop. Attendance at the three workshops and/or completion of one or more alternative activities at a standard judged to be appropriate by the examiner is required before the 1 mark for the workshops can be awarded.

2 Requirements for students to complete each assessment item satisfactorily:
   To complete each of the assessment items satisfactorily, students must obtain at least 50% of the marks available for each assessment.

3 Penalties for late submission of required work:
   If students submit assignments after the due date without prior approval then a penalty of 5% of the total marks available for the assignment will apply for each working day late.

4 Requirements for student to be awarded a passing grade in the course:
   To be assured of a passing grade, students must demonstrate, via the summative assessment items, that they have achieved the required minimum standards in relation to the objectives of the course by: (i) satisfactorily completing the examination and assignments; and (ii) obtaining at least 50% of the total weighted marks available for all summative assessment items.

5 Method used to combine assessment results to attain final grade:
   The final grades for students will be assigned on the basis of the weighted aggregate of the marks obtained for each of the summative assessment items in the course.

6 Examination information:
   There is no examination in this course.

7 Examination period when Deferred/Supplementary examinations will be held:
   There are no Deferred or Supplementary examinations for this course.

8 University Regulations:
   Students should read USQ Regulations 5.1 Definitions, 5.6. Assessment, and 5.10 Academic Misconduct for further information and to avoid actions which might contravene University Regulations. These regulations can be found at the URL http://www.usq.edu.au/corporateservices/calendar/part5.htm or in the current USQ Handbook.

ASSESSMENT NOTES

9 Students who have undertaken all of the required assessments in a course but who have failed to meet some of the specified objectives of a course within the normally prescribed time may be awarded the temporary grade: IM (Incomplete - Make up). An IM grade will only be awarded when, in the opinion of the examiner, a student will be able to achieve the remaining objectives of the course after a period of non-directed personal study.
10 Students who, for medical, family/personal, or employment-related reasons, are unable to complete an assignment or to sit for an examination at the scheduled time may apply to defer an assessment in a course. Such a request must be accompanied by appropriate supporting documentation. One of the following temporary grades may be awarded IDS (Incomplete - Deferred Examination; IDM (Incomplete Deferred Make-up); IDB (Incomplete - Both Deferred Examination and Deferred Make-up).

11 Students must retain a copy of each item submitted for assessment. This must be produced within 24 hours if required by the Examiner.

12 The due date for an assignment is the date by which a student must despatch the assignment to the USQ. The onus is on the student to provide proof of the despatch date, if requested by the Examiner.

13 The examiner may grant an extension of the due date of an assignment in extenuating circumstances.