Description: Advanced Mental Health Nursing 1

<table>
<thead>
<tr>
<th>Subject</th>
<th>Cat-nbr</th>
<th>Class</th>
<th>Term</th>
<th>Mode</th>
<th>Units</th>
<th>Campus</th>
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<tr>
<td>MHN</td>
<td>5120</td>
<td>40385</td>
<td>1, 2005</td>
<td>EXT</td>
<td>1.00</td>
<td>Toowoomba</td>
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**Academic group:** FOSCI  
**Academic org:** FOS004  
**Student contribution band:** National Priority Nursing  
**ASCED code:** 060305

**STAFFING**
Examiner: Don Gorman

**REQUISITES**
Pre-requisite: Students must be enrolled in the following Program: MMHN.

**RATIONALE**
Mental health nurses need to understand the theoretical basis for their practice and be able to relate this understanding to clients from a range of cultural and linguistic backgrounds. As well, mental health nurses need to be able to communicate with their colleagues in the multi/interdisciplinary teams. Diagnostic Statistical Manual (DSM) is the model of classification taught in this course as it is widely used in mental health services.

**SYNOPSIS**
This course has two modules. The first will introduce students to complementary theoretical perspectives used in mental health nursing including Peplau's theory of interpersonal relationships, the behaviourist perspective, the cognitive approach, the psychoanalytic perspective, the humanist perspective. Students will be encouraged to apply these theories directly to practice.
The second module of this course will relate these theories to mental health nurses' understanding of mental illnesses. This course has a requirement for a clinical placement in a mental health area where students will have the opportunity to enhance their learning with clinical practice working with people with mental illnesses.

**OBJECTIVES**
On successful completion of this course students will be able to:

1. use the ANZCMHN Standards of Practice for Mental Health Nursing in Australia as a framework for their clinical practice;
2. use Peplau's theory of interpersonal relationships as the basis for establishing partnerships with clients as the working basis for a therapeutic relationship;
3. be able to use a range of theoretical frameworks including the behaviourist perspective, cognitive approaches, psychoanalytic and the humanist;
4. use the DSM model of classification of mental illness in clinical practice;
5. assess and care for a person experiencing a mental illness;
6. promote culturally and linguistically appropriate care using specific mental health nursing strategies in the least restrictive environment with clients from across the lifespan;
7. demonstrate satisfactory completion of 80 hours of clinical experience as partial fulfilment of QNC requirements.

**TOPICS**

<table>
<thead>
<tr>
<th>Description</th>
<th>Weighting (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Theoretical Perspectives: Peplau's theory of interpersonal relationships &amp; the therapeutic relationship, Psychoanalytic theory, Behaviourist, Cognitive theory, Humanism, ANZCMHN Standards of Practice for Mental Health Nursing in Australia.</td>
<td>50.00</td>
</tr>
<tr>
<td>2. Mental Illness, Nursing's Perspective, DSMIV, DSMIV axes.</td>
<td>50.00</td>
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**TEXT and MATERIALS required to be PURCHASED or ACCESSED**

ALL textbooks and materials are available for purchase from USQ BOOKSHOP (unless otherwise stated). Orders may be placed via secure internet, free fax 1800642453, phone 07 46312742 (within Australia), or mail. Overseas students should fax +61 7 46311743, or phone +61 7 46312742. For costs, further details, and internet ordering, use the 'Textbook Search' facility at http://bookshop.usq.edu.au click 'Semester', then enter your 'Course Code' (no spaces).


**REFERENCE MATERIALS**

Reference materials are materials that, if accessed by students, may improve their knowledge and understanding of the material in the course and enrich their learning experience.

Rogers, C 1996, *On becoming a person: a therapist's view of psychotherapy*, Peter Smith Publisher,

**STUDENT WORKLOAD REQUIREMENTS**

<table>
<thead>
<tr>
<th>ACTIVITY</th>
<th>HOURS</th>
</tr>
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<tbody>
<tr>
<td>Clinical Experience</td>
<td>80.00</td>
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<tr>
<td>Directed Study</td>
<td>56.00</td>
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<tr>
<td>Private Study</td>
<td>104.00</td>
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**ASSESSMENT DETAILS**

<table>
<thead>
<tr>
<th>Description</th>
<th>Marks out of</th>
<th>Wtg(%)</th>
<th>Due date</th>
</tr>
</thead>
<tbody>
<tr>
<td>ESSAY THEORETICAL PERSP IN MHN</td>
<td>15.00</td>
<td>60.00</td>
<td>29 Apr 2005</td>
</tr>
<tr>
<td>ESSAY CASE STUDY OF A CLIENT</td>
<td>15.00</td>
<td>40.00</td>
<td>27 May 2005</td>
</tr>
<tr>
<td>CLINICAL</td>
<td>1.00</td>
<td>0.00</td>
<td>10 Jun 2005</td>
</tr>
</tbody>
</table>

**IMPORTANT ASSESSMENT INFORMATION**

1. **Attendance requirements:**
   - There are no attendance requirements for this course. However, it is the students' responsibility to study all material provided to them or required to be accessed by them to maximise their chance of meeting the objectives of the course and to be informed of course-related activities and administration.

2. **Requirements for students to complete each assessment item satisfactorily:**
   - To complete an assessment item, other than Clinical Experience, satisfactorily, students must obtain at least C- (on Gradebook a score of at least 4) which indicates that they have achieved the objectives assessed on the assessment item at an appropriate level as determined by the Examiner based on the Examiner's best professional judgement.
   - To complete the Clinical Experience satisfactorily, students must complete 80 hours of Clinical Experience as developed by the Nursing Department and obtain a satisfactory standard on the performance evaluation profile thus gaining the 1 mark for Clinical Experience.

3. **Penalties for late submission of required work:**
   - If students submit assignments after the due date without prior approval then a penalty of 1 Equivalence Point gained by the student for the assignment will apply for each working day late.

4. **Requirements for student to be awarded a passing grade in the course:**
   - To be assured of a passing grade, students must demonstrate that they have achieved the required minimum standards in relation to the objectives of the course by satisfactorily completing all assessment items.

5. **Method used to combine assessment results to attain final grade:**
The final grades for students will be assigned on the basis of the weighted aggregate of the marks obtained for each of the summative assessment items in the course.

6 Examination information:
There is no examination in this course.

7 Examination period when Deferred/Supplementary examinations will be held:
There will be no Deferred or Supplementary examinations in this course.

8 University Regulations:
Students should read USQ Regulations 5.1 Definitions, 5.6. Assessment, and 5.10 Academic Misconduct for further information and to avoid actions which might contravene University Regulations. These regulations can be found at the URL http://www.usq.edu.au/corporateservices/calendar/part5.htm or in the current USQ Handbook.

ASSESSMENT NOTES

9 The due date for an assignment is the date by which a student must despatch the assignment to the USQ. The onus is on the student to provide proof of the despatch date, if requested by the Examiner.

10 Students must retain a copy of each item submitted for assessment. This must be despatched to USQ within 24 hours of receiving a request from the Examiner to do so.

11 The examiner may grant an extension of the due date of an assignment in extenuating circumstances.

12 The Faculty will normally only accept assessments that have been written, typed or printed on paper-based media.