Description: Preparation for Midwifery Practice

<table>
<thead>
<tr>
<th>Subject</th>
<th>Cat-nbr</th>
<th>Class</th>
<th>Term</th>
<th>Mode</th>
<th>Units</th>
<th>Campus</th>
</tr>
</thead>
<tbody>
<tr>
<td>MID</td>
<td>8001</td>
<td>48097</td>
<td>3, 2005</td>
<td>EXT</td>
<td>1.00</td>
<td>Toowoomba</td>
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Academic group: FOSCI
Academic org: FOS004
Student contribution band: National Priority Nursing
ASCED code: 060303

STAFFING
Examiner: Jackie Doolan
Moderator: Jill Scanlan

REQUISITES
Pre-requisite: MID8070 and Students must be enrolled in one of the following Programs: GCNP or GDON or GDMH or MANP or MHEA or MMID or MMPO or MNUR or PCNP or PDON or PDMH or PDEV or SING or CRPG

RATIONALE
This course aims to assist students to establish and maintain partnerships with childbearing women whilst the student develops fundamental midwifery knowledge. It has also been designed to enable students to become more self-knowing, self-nurturing and self-expressive.

SYNOPSIS
The partnership between mother and midwife forms a central focus of this course which builds upon students' previous knowledge and experience of primary health care, interpersonal counseling and adult learning skills. The ethical basis of the partnership will be introduced. The student midwife will be facilitated to become more self-knowing, self-nurturing and self-expressive as a basis for being able to maintain partnerships with childbearing women. The student will also learn how to provide midwifery care and support for well women from pre-conception through pregnancy, birth and the postnatal period. The course concludes with some exploration of common medical interventions in normal childbearing which require the midwife's collaboration in care. The course concludes with an 80 hour Residential School at either Cairns or Toowoomba hospital.

OBJECTIVES
On successful completion of this course students will be able to:

1. practice at least two methods of self-nurturing, self-expression and stress reduction;
2. establish and maintain a network of personal support which will enhance the student midwife's participation in partnerships with women;
3. participate sensitively in giving and receiving peer support to other student midwives;
4. critically discuss factors that may influence the midwife's ability to initiate and maintain a relationship with a childbearing woman for whom the midwife is providing ongoing antenatal, intrapartum and postnatal care;
5. critically discuss ethical aspects for a midwifery partnership and the ethical challenges inherent within the partnership;
6. deepen and extend previously learned client-centred counselling skills to establish and maintain partnerships with women;
7. interact with women, their partners, groups and communities, in ways that respect each woman's culture, beliefs, values, expectations and previous experiences;
8. use a primary health care perspective and adult learning principles to provide pre-conceptual and antenatal health education in relation to lifestyle, sexuality, fertility and pregnancy;
9. use a midwifery model to conceptualise and provide research-based care for well women and fetuses/babies during pregnancy, labour and the postpartum period;
10. use a collaborative model to conceptualise and provide research-based care for women and fetuses/babies who have experienced common medical interventions during pregnancy, labour and/or the postpartum period;
11. demonstrate an understanding of human physiology associated with childbirth including physical changes to both woman and fetus/baby during the antepartum, intrapartum and postpartum periods;
12. integrate evidence-based information to give appropriate advice about the minor disorders of pregnancy and the puerperium; and
13. integrate evidence-based information to give appropriate advice to women in relation to pregnancy, labour, postnatal adaptation and infant feeding (breast and bottle-feeding),
14. integrate evidence-based information to give appropriate advice to women in relation to pregnancy, labour, postnatal adaptation and infant feeding (breast and bottle-feeding).

**TOPICS**

<table>
<thead>
<tr>
<th>Description</th>
<th>Weighting (%)</th>
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<tbody>
<tr>
<td>1. The Midwife - methods of self-nurturing, self-expression and stress reduction; establishing and maintaining a network of personal support; peer support for self and other student midwives; formulating learning objectives and developing learning strategies</td>
<td>10.00</td>
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<tr>
<td>2. Partnership - establishing a partnership with a woman; getting to know each other: building trust and rapport; negotiating mutual expectations of each other; respecting individual and cultural differences; negotiating care with each individual; ethical issues in the relationship; being 'present to' the woman; review non-directive counselling; review adult learning</td>
<td>20.00</td>
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<tr>
<td>3. Midwifery model of care from pre-conception to late pregnancy - pre-conceptual and antenatal education (one to one and group based); antenatal care and advice: including palpation, foetal-wellbeing; antenatal documentation; optimal fetal positioning</td>
<td>10.00</td>
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<td>4. Midwifery model of care in labour - being a supportive presence for women; working with the support person; natural methods</td>
<td>30.00</td>
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of pain management; diet, activity and position; assessments and documentation; birth: vertex presentation; physiological management of third stage; reception, assessment and immediate care of newborn; initiation of breastfeeding; fourth stage: assessment and documentation

5. Midwifery model of care in the postpartum period - the baby: physiological adaptations to extrauterine life; psycho-social-spiritual aspects of the newborn; assessment of the newborn; care of the newborn infant; common concerns of mothers about their newborns; facilitating adult learning about parenting; mother-baby interactions (signs of attachment and rejection); incorporating the baby into existing family; lactation and breastfeeding: building the woman's confidence; techniques for breastfeeding; managing common problems; feeding behaviours of healthy infants; expression and storage of breast milk; artificial feeding; maternal physiological changes of the puerperium; minor disorders of pregnancy and the puerperium; midwifery assessment and documentation; ongoing care; self, contraception; early discharge and role of community midwife; six weeks postnatal check of mother and baby; community agencies and support services; infant development; mother's experiences in the puerperium

6. Collaborative Care - neonatal screening tests; active management of third stage; newborn resuscitation

TEXT and MATERIALS required to be PURCHASED or ACCESSED

ALL textbooks and materials are available for purchase from USQ BOOKSHOP (unless otherwise stated). Orders may be placed via secure internet, free fax 1800642453, phone 07 46312742 (within Australia), or mail. Overseas students should fax +61 7 46311743, or phone +61 7 46312742. For costs, further details, and internet ordering, use the 'Textbook Search' facility at http://bookshop.usq.edu.au click 'Semester', then enter your 'Course Code' (no spaces).


Fraser, D & Cooper, M 2003, Myles Textbook for Midwives, 14th edn, Churchill Livingstone, Edinburgh.


REFERENCE MATERIALS

Reference materials are materials that, if accessed by students, may improve their knowledge and understanding of the material in the course and enrich their learning experience.

(videorecording)
(videorecording)
1989, Breastfeeding, If you want to, you can..., Brilliant Ideas Productions, London.
(videorecording)
(videorecording)
1993, Positions for Childbirth Women's and Children's, Foundation Studios, North Adelaide.
(videorecording)
(videorecording)
(videorecording)
Australian College of Midwives 1995, Code of Ethics, Melbourne, Victoria.
Australian College of Midwives 1998, ACMI Competency Standards of Practice for Midwives, Melbourne, Victoria.
(videorecording)
Day, J 1995, Breastfeeding...Right from the Start, NMAA, Nunawading.


National Health and Medical Research Council Australia 1983, *Care of Pregnant Women in Remote Areas*, National Health and Medical Research Council, Canberra.

Noddings, N 1984, *Caring, a feminine approach to ethics and moral education*, University of California Press, Berkeley, California.


Royal College of Midwives 1997, *Breastfeeding: Dealing with the Problems*, Mark-It TV, Bristol.

(videorecording)


(videorecording)


(videorecording)

STUDENT WORKLOAD REQUIREMENTS

<table>
<thead>
<tr>
<th>ACTIVITY</th>
<th>HOURS</th>
</tr>
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<tbody>
<tr>
<td>Assessment</td>
<td>16.00</td>
</tr>
<tr>
<td>Private Study</td>
<td>37.00</td>
</tr>
<tr>
<td>Residential Schools</td>
<td>80.00</td>
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</table>

ASSESSMENT DETAILS

<table>
<thead>
<tr>
<th>Description</th>
<th>Marks out of</th>
<th>Wtg(%)</th>
<th>Due date</th>
</tr>
</thead>
<tbody>
<tr>
<td>PARTICIPATION IN ONLINE DISCUS</td>
<td>100.00</td>
<td>30.00</td>
<td>16 Dec 2005</td>
</tr>
<tr>
<td>OWN REFLECTIVE STORY ABOUT PER</td>
<td>100.00</td>
<td>30.00</td>
<td>06 Jan 2006</td>
</tr>
<tr>
<td>TEST</td>
<td>40.00</td>
<td>40.00</td>
<td>30 Jan 2006</td>
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NOTES

1. The Examination will be held during the Residential School. Further details will be provided by the Examiner.

IMPORTANT ASSESSMENT INFORMATION

1. Attendance requirements:
   It is the students' responsibility to participate actively in all classes and discussion groups scheduled for them, and to study all material provided to them or required to be accessed by them to maximize their chance of meeting the objectives of the course and to be informed of course-related activities and administration. The student must attend the 80 hour residential school at the end of semester as the final test will be held during the residential school. If medical documentation supports a student's inability to attend the residential school then the student will be advised by the course examiner of equivalent make-up work to be completed by the end of semester. Students are to participate in on-line discussion groups at a standard as per the criteria outlined in the course materials.

2. Requirements for students to complete each assessment item satisfactorily:
   To complete each of the assessment items satisfactorily, students must obtain at least 50% of the marks available for each assessment item. Each student must submit at least 2 entries to the discussion group at the required standard and obtain at least 50% of the marks available for each entry to complete this assessment satisfactorily.

3. Penalties for late submission of required work:
   If students submit assignments after the due date without prior approval then a penalty of 5% of the total marks available for the assignment will apply for each working day late.

4. Requirements for student to be awarded a passing grade in the course:
   To be assured of receiving a passing grade a student must submit all of the assessment items and achieve at least 50% of the available marks for those items.

5. Method used to combine assessment results to attain final grade:
The final grades for students will be assigned on the basis of the aggregate of the
weighted marks obtained for each of the summative assessment items in the course.

6 Examination information:
Candidates are allowed to bring only writing and drawing instruments into the closed
test.

7 Examination period when Deferred/Supplementary examinations will be held:
Any Deferred or Supplementary tests for this course will be held in the 2 weeks after
the first sitting and the examiner will advise students involved of the date, time and
location of any such test.

8 University Regulations:
Students should read USQ Regulations 5.1 Definitions, 5.6. Assessment, and 5.10
Academic Misconduct for further information and to avoid actions which might
contravene University Regulations. These regulations can be found at the URL
http://www.usq.edu.au/corporateservices/calendar/part5.htm or in the current USQ
Handbook.

ASSESSMENT NOTES

9 The due date for an assignment is the date by which a student must despatch the
assignment to the USQ. The onus is on the student to provide proof of the despatch
date, if requested by the Examiner.

10 Students must retain a copy of each item submitted for assessment. If requested, students
will be required to provide a copy of assignments submitted for assessment purposes.
Such copies should be despatched to USQ within 24 hours of receipt of a request being
made.

11 The examiner may grant an extension of the due date of an assignment in extenuating
circumstances.

12 The Faculty will normally only accept assessments that have been written, typed or
printed on paper-based media.

13 The Faculty will NOT accept submission of assignments by facsimile.

14 Students who do not have regular access to postal services or who are otherwise
disadvantaged by these regulations may be given special consideration. They should
contact the examiner of the course to negotiate such special arrangements.

15 In the event that a due date for an assignment falls on a local public holiday in their
area, such as a Show holiday, the due date for the assignment will be the next day.
Students are to note on the assignment cover the date of the public holiday for the
Examiner's convenience.

16 Students who have undertaken all of the required assessments in a course but who have
failed to meet some of the specified objectives of a course within the normally prescribed
time may be awarded the temporary grade: IM (Incomplete - Make up). An IM grade
will only be awarded when, in the opinion of the examiner, a student will be able to
achieve the remaining objectives of the course after a period of non directed personal
study.

17 Students who, for medical, family/personal, or employment-related reasons, are unable
to complete an assignment or to sit for an examination at the scheduled time may apply
to defer an assessment in a course. Such a request must be accompanied by appropriate
supporting documentation. One of the following temporary grades may be awarded
IDS (Incomplete - Deferred Examination; IDM (Incomplete Deferred Make-up); IDB
(Incomplete - Both Deferred Examination and Deferred Make-up).

18 Students will require access to e-mail and internet access to USQConnect for this course.