Description: Advanced Individual Intervention

<table>
<thead>
<tr>
<th>Subject</th>
<th>Cat-nbr</th>
<th>Class</th>
<th>Term</th>
<th>Mode</th>
<th>Units</th>
<th>Campus</th>
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<td>PSY</td>
<td>8090</td>
<td>66357</td>
<td>2, 2007</td>
<td>ONC</td>
<td>1.00</td>
<td>Toowoomba</td>
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**Academic group:** FOSCI  
**Academic org:** FOS005  
**Student contribution band:** 1  
**ASCED code:** 090701

**STAFFING**
Examiner: Grace Pretty  
Moderator: Paul Bramston

**REQUISITES**
Pre-requisite: PSY8050 and PSY8130 and Students must be enrolled in the following Program: DOHP or DPCL

**RATIONALE**
The psychologist requires expertise in a variety of therapeutic methods to be able to treat effectively symptoms related to complex disorders and traumas. This course builds on course PSY8050 in critically reviewing the skills of multimodal interventions and in developing students’ competencies to provide flexible services to a range of clients.

**SYNOPSIS**
This course builds on principles and practices of supportive cognitive-behaviour therapy (CBT), combined with other therapeutic orientations that compliment CBT, to address psychological problems related to a range of disorders and crises and post traumatic stress disorder (PTSD). It provides students with opportunities to acquire skills from direct practice. Course material is presented through three two-day workshops and critiqued individual practice.

**OBJECTIVES**
On successful completion of this course students will be able to demonstrate the following competencies as identified in the APS Competencies for Psychologists (1996) and the documents Competencies for the College of Health Psychologists, Competencies for the College of Clinical Psychology. They will be able to:

1. design, implement and evaluate individual interventions based on a broad knowledge of literature and research regarding individual psychological interventions (Assessed In The Video Demonstrations);
2. provide a competent, professional service to individuals experiencing physical and mental health problems through: developing skills at a level of competence commensurate with their previous professional experience; acquiring knowledge of professional and ethical issues; critically analysing issues implicated in the use of intervention techniques with different clientele; appropriately applying cognitive-behavioural and other multimodal methods across a variety of clientele; recognising the need for and conducting crisis-oriented approaches and PTSD interventions; and promoting client self understanding and self-help skills (Assessed In Self Reflective Essay).

**TOPICS**

<table>
<thead>
<tr>
<th>Description</th>
<th>Weighting (%)</th>
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<tbody>
<tr>
<td>Integrating experential cognitive and emotive therapeutic approaches with CBT.</td>
<td>40.00</td>
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<tr>
<td>Treatment of PTSD.</td>
<td>30.00</td>
</tr>
<tr>
<td>Crisis intervention.</td>
<td>30.00</td>
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**TEXT and MATERIALS required to be PURCHASED or ACCESSED**

ALL textbooks and materials are available for purchase from USQ BOOKSHOP (unless otherwise stated). Orders may be placed via secure internet, free fax 1800642453, phone 07 46312742 (within Australia), or mail. Overseas students should fax +61 7 46311743, or phone +61 7 46312742. For costs, further details, and internet ordering, use the 'Textbook Search' facility at http://bookshop.usq.edu.au click 'Semester', then enter your 'Course Code' (no spaces).

(ISBN: 0130908975)

(ISBN 0 7619 7349 4 Also available electronically through ebrary)

**REFERENCE MATERIALS**

Reference materials are materials that, if accessed by students, may improve their knowledge and understanding of the material in the course and enrich their learning experience.


**STUDENT WORKLOAD REQUIREMENTS**

<table>
<thead>
<tr>
<th>ACTIVITY</th>
<th>HOURS</th>
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<tbody>
<tr>
<td>Assessment</td>
<td>24.00</td>
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<tr>
<td>Practical Experience</td>
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<tr>
<td>Private Study</td>
<td>70.00</td>
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<td>Workshops</td>
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**ASSESSMENT DETAILS**

<table>
<thead>
<tr>
<th>Description</th>
<th>Marks out of</th>
<th>Wtg(%)</th>
<th>Due date</th>
</tr>
</thead>
<tbody>
<tr>
<td>4 X 45 MIN PRAC INTERV SESSION</td>
<td>1.00</td>
<td>60.00</td>
<td>24 Jul 2007</td>
</tr>
<tr>
<td>(see note 1)</td>
<td></td>
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<tr>
<td>ATTENDANCE AT 3 2-DAY WORKSHOP</td>
<td>1.00</td>
<td>0.00</td>
<td>24 Jul 2007</td>
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<td>(see note 2)</td>
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<tr>
<td>SELF REFLECTIVE ESSAY</td>
<td>1.00</td>
<td>40.00</td>
<td>24 Jul 2007</td>
</tr>
<tr>
<td>(see note 3)</td>
<td></td>
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**NOTES**

1. Refer to the Examiner for information about these due dates.
2. Refer to the Examiner for information about these due dates.
3. Due date will be in Week 12.

**IMPORTANT ASSESSMENT INFORMATION**

1. Attendance requirements:
   - It is the students' responsibility to participate actively in all workshops scheduled for them, and to study all material provided to them or required to be accessed by them to maximize their change of meeting the objectives of the course and to be informed of course-related activities and administration. Participation in on-campus workshops. The intervention skills component of this course will be taught in three, two day workshops held on campus. During these workshops students will engage in practice of intervention techniques. Attendance at the workshops is compulsory.

2. Requirements for students to complete each assessment item satisfactorily:
   - To complete each of the assessment items satisfactorily, students must obtain the one mark available for that assessment item.

3. Penalties for late submission of required work:
   - Fail grade if two weeks late without examiner's permission.

4. Requirements for student to be awarded a passing grade in the course:
To be assured of a pass in this course, students must satisfactorily complete each assessment item. Pass is ungraded.

5 Method used to combine assessment results to attain final grade:
   Final grades for students will be determined by the addition of the marks obtained in each assessment item, weighted as in the Assessment Details.

6 Examination information:
   There is no examination in this course.

7 Examination period when Deferred/Supplementary examinations will be held:
   As there are no examinations in this course, there will be no deferred or supplementary examinations.

8 University Regulations:
   Students should read USQ Regulations 5.1 Definitions, 5.6 Assessment, and 5.10 Academic Misconduct for further information and to avoid actions which might contravene University Regulations. These regulations can be found at the URL http://www.usq.edu.au/corporateservices/calendar/part5.htm or in the current USQ Handbook.

ASSESSMENT NOTES

9 Each student will arrange to conduct a minimum of four 45 minute practice intervention sessions with a volunteer client. The student will obtain from the volunteer the appropriate written permission for participation and videotaping.

10 Each video will be assessed by the examiner with the student in terms of competencies to be demonstrated. If competencies are not observed the student will be required to re-submit additional videos until a Pass is obtained for the required competencies.

11 Each student will submit a self reflective essay describing the therapeutic processes of each of the four sessions, the client's responses and progress through each of the sessions and the student's critical reflection on the experience of each of the sessions and the final outcome. This report should be approximately 5,000 words.

12 The due date for an assignment is the date by which a student must despatch the assignment to the USQ. The onus is on the student to provide proof of the despatch date, if requested by the Examiner.

13 Students must retain a copy of each item submitted for assessment. This must be produced within 48 hours if required by the Examiner.