Graduate Certificate of Indigenous Mental Health and Well-Being (GCIW) - GradCertIMHWB

This program is offered only to continuing students. No new admissions will be accepted. Students who are interested in this study area should contact us.

<table>
<thead>
<tr>
<th>Distance education</th>
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</thead>
<tbody>
<tr>
<td>Semester intake:</td>
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<tr>
<td>Campus:</td>
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<tr>
<td>Toowoomba</td>
</tr>
<tr>
<td>Fees:</td>
</tr>
<tr>
<td>Commonwealth supported place</td>
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<tr>
<td>Domestic full fee paying place</td>
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<tr>
<td>Standard duration:</td>
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<tr>
<td>1 year full-time, 3 years part-time maximum</td>
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</tbody>
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Contact us

Current students
Ask a question
Freecall (within Australia): 1800 007 252
Phone (from outside Australia): +61 7 4631 2285
Email: usq.support@usq.edu.au

Program aims
The status of Indigenous Australians in both general health and in mental health and well-being is well documented. The program aims, firstly, to provide awareness of major mental health issues relating to Indigenous Australians, as identified in the landmark Ways Forward National Consultancy Report on Aboriginal and Torres Strait Islander Mental Health (1995) document, this being the first national analysis of Aboriginal and Torres Strait Islander Mental Health. From this starting point the program aims to provide particularly, but not exclusively, non-Indigenous mental health clinical practitioners with appropriate formal instruction to enhance their skills and knowledge in interacting with, and treating, Indigenous Australians suffering from mental health problems and disorders. Special emphasis is placed on the development of knowledge and understanding of culturally appropriate intervention strategies in both clinical and community settings.

Program objectives
On completion of the program, graduates should be able to:

- demonstrate sound knowledge and understanding of Indigenous Australian cultures and communities
- demonstrate understanding of and distinguish between Indigenous and Western/Caucasian concepts of health; in particular be able to articulate the meaning and significance of the holistic view of health, espoused by Indigenous Australians peoples, in relation to mental health
- critically assess the prevalence of mental health disorders and problems in Indigenous Australian communities today
- understand, and demonstrate competence in the use of, culturally appropriate intervention strategies in assisting Indigenous mental health clients.

Admission requirements
To be considered for entry, applicants must normally be health practitioners who hold a degree, or equivalent, in a field relevant to health/mental health. This may include, for example, mental health, medicine, nursing, counselling, social science, psychology, behavioural science, suicide prevention. It is expected that students of this program will be clinical practitioners. A formal process of Recognition of Prior Learning (RPL) will
be used to assess applicants who wish to gain entry to the program on the basis of equivalent experience or qualifications. Candidates who do not possess a Bachelor degree may apply to the Faculty of Health, Engineering and Sciences for consideration for admission on the basis of equivalent experience or qualifications.

Domestic and International Applicants from a non-English speaking background are required to satisfy English language requirements.

If you do not meet the English language requirements you may apply to study a University-approved English language program. On successful completion of the English language program, Applicants may be admitted to an Award Program.

**Program fees**

**Commonwealth supported place**

A Commonwealth supported place is where the Australian Government makes a contribution towards the cost of your higher education and you as a student pay a student contribution amount, which varies depending on the courses undertaken. You are able to calculate the fees for a particular course via the Course Fee Finder. Commonwealth Supported students may be eligible to defer their fees through a Government loan called HECS-HELP.

**Domestic full fee paying place**

Domestic full fee paying places are funded entirely through the full fees paid by the student. Full fees vary depending on the courses that are taken. You are able to calculate the fees for a particular course via the Course Fee Finder. Domestic full fee paying students may be eligible to defer their fees through a Government loan called FEE-HELP provided they meet the residency and citizenship requirements. Australian citizens, Permanent Humanitarian Visa holders, Permanent Resident visa holders and New Zealand citizens who will be resident outside Australia for the duration of their program pay full tuition fees and are not eligible for FEE-Help.

**Program structure**

The Graduate Certificate in Indigenous Mental Health and Well-Being contains four compulsory courses, one at level 3 and three at level 5 or higher, of one unit each.

**Program completion requirements**

To qualify for the award of Graduate Certificate in Indigenous Mental Health and Well-Being a candidate must normally complete the following four courses within three years of first admission to the program:

- KNL3001 Indigenous Australian Cultures and Communities
- IMH5001 Philosophy of Aboriginal and Torres Strait Islander Health
- IMH5002 Indigenous Australian Mental Health Today
- IMH5003 Culturally Appropriate Intervention Strategies in Indigenous Mental Health*

* IMH5001 Philosophy of Aboriginal and Torres Strait Islander Health is a pre-requisite for IMH5003.

**Required time limits**

Students have a maximum of 3 years to complete this program.

**IT requirements**

Students should visit the USQ minimum standards to check that their computers are capable of running the appropriate software and versions of Internet web browsers and to check the minimum and recommended standards for software.

**Residential schools**

There are currently no Residential Schools required in this Graduate Certificate.
Credit
Normally, there are no credits permitted in this program.

Recommended enrolment pattern - Part-time
Students are able to enrol in any offered mode of a course (on-campus, distance education or online), regardless of the program mode of study they enrolled in.

<table>
<thead>
<tr>
<th>Course</th>
<th>Year of program and semester in which course is normally studied</th>
<th>Enrolment requirements</th>
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<tbody>
<tr>
<td></td>
<td>On-campus (ONC)</td>
<td>External (EXT)</td>
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<tr>
<td>KNL3001 Indigenous Australian Cultures and Communities</td>
<td>1</td>
<td>1</td>
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<tr>
<td>IMH5001 Philosophy of Aboriginal and Torres Strait Islander Health</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>IMH5002 Indigenous Australian Mental Health Today</td>
<td>1</td>
<td>2</td>
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<tr>
<td>IMH5003 Culturally Appropriate Intervention Strategies in Indigenous Mental Health</td>
<td>1</td>
<td>2</td>
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